

RICHMOND RIVER HIGH CAMPUS NEWSLETTER

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THE RIVERS
SECONDARY COLLEGE

www.richmondri-h.schools.nsw.edu.au

www.facebook.com/richmondriverhigh



WEEK 10 / TERM 3 / 2022

From the Acting Principal

Hello RRHC community,

This has been a very exciting and challenging term; we have moved into our new site and students have been busy in all classes learning with brand new resources. I thank the staff for their flexibility to ensure the continuity of teaching for our students and I thank our students for their resilience during this time. We are busy planning an open afternoon early next term for all parents and carers including our very important Year 6 into 7 students to come and see the school .

Our Farewell Assembly for Year 12 was well attended. This time is full of mixed emotions, both excitement and apprehension as students finish their schooling and embark on new beginnings in study, employment, travel and possibly moving to begin building new friendships and a life away from family and high school mates. We ask all our Year 12 students to complete the exit survey so we can improve our school. Mr Roberts is available to support students with university applications. Please remember the Carr Legacy Scholarships, this significant amount of money is a valuable support for students who are intending on going to university.

'Maddness in the MPC' at Kadina was an awesome event, the skills of our students are outstanding, the bands, singing and performances were great, this showcase of The Rivers students is testament to the teaching staff across The College especially our RRHC staff. It is with sadness that Mr Mitchell will be leaving us to take up a tenure at Maclean High School, Mr Mitchell is leaving us to move closer to home. He will be missed, and I know that the students at Maclean are getting a passionate, talented music teacher.

As we head into a two week break from school our senior teachers will be busy supporting our Year 12 students moving into their HSC examinations and preparing for Term 4 for all students. I have also encouraged all staff to take time to recharge for Term 4 after what has been a very difficult term. We are looking forward to Term 4 with excursions currently being planned to enhance the learning and social development for students, as well as our transition days for our incoming Year 6 students.

School returns on Monday the 10 October for both students and staff.

Please have a well-deserved break, stay safe and enjoy your two weeks away from school.

"Knowledge is power, and it can help you overcome any fear of the unexpected. When you learn, you gain more awareness through the process, and you know what pitfalls to look for as you get ready to transition to the next level." Jay Shetty

Luke Woodward
Acting Principal

Year 12 Graduation Assembly

This morning Year 12 were centre of attention for their Farewell Assembly. We congratulate all of Year 12 and acknowledge those students who have received extra recognition for achievements during Year 12. Thank you to Hon. Kevin Hogan MP, who chose to attend RRHC's assembly today to support our school. He acknowledged how staff, students and community have come together after the flooding, and encouraged Year 12 to seek support as they leave to live their dreams. Mr Eakin, Year 12 Adviser, "Thank you Year 12 for being an amazing advertisement for public education. You are diverse in so many ways, but work along side each other with a common purpose, to finish high school ready to contribute positively to society. Each of you as you leave this hall, I hope you carry the values of Richmond River with you. Respectful – Hear other opinions. Responsible – understand every action you have has a consequence. Honest – Own your mistakes. Caring – Kind is cool!" Mr Woodward also addressed the assembly and congratulated Year 12 for finishing their schooling. He also thanked the parents, staff and students who have worked hard during difficult circumstances and wished the students all the best in their future endeavours.

Thank you to the family and friends of our Year 12 students who attended the Assembly today, to acknowledge our wonderful students and congratulate them on finishing school. Thank you also to our school leaders who lead the Assembly and to the amazing Year 12 Music students who performed so well today.



Year 12 Graduation Assembly



YEAR 12 BREAKFAST



Year 12 Award Winners

Subject and Special Award Winners

Ziggy Zaferis	Music
Niamh Montgomery	Drama
Jasmin Jones-McGrath	Ceramics
Connor McDougall	PDHPE
Tjundy Simon-Clarke	Sport, Lifestyle and Recreation
Chloe Nelson	Exploring Early Childhood
Connor McDougall	ADF - Leadership and Teamwork
Lily Shepherd	ADF - Leadership and Teamwork
Tobi Dwyer	ADF - Future Innovators Award
Ziggy Zaferis	Creative & Performing Arts
Lily Shepherd	Services to the Senior School
Connor McDougall	Services to the Senior School
Connor McDougall	Olympic Change Maker
Jayden Power	Olympic Change Maker
Jayden Power	Premier's Sporting Challenge
Jayden Power	Sportsman of the Year
Lexi Daly	Sportswoman of the Year
Carmen Flower	Student of the Year - Hon Kevin Hogan MP
Shin Dawson	AECG - Commitment to Senior Studies
Lilly Williams	ALEC Award
Tjundy Simon-Clarke	ALEC Award
Sorren McSherry	Citizenship & Community Service - Lions Club Lismore
Lexi Daly	Best All-Rounder - Ampol Award
Blake O'Sullivan	Commitment & Application - Reuben F. Scarf
Alisha McPherson	Year Adviser's Award
Elsie Irwin	Overall Academic Achievement
Connor McDougall	Overall Academic Achievement
Tobi Dwyer	Overall Academic Achievement
Niamh Montgomery	Overall Academic Excellence

Year 12 Award Winners

Subject and Special Award Winners

Lily Shepherd	English Standard
Shin Dawson	English Studies
Niamh Montgomery	English Advanced
Carmen Flower	English Extension 1 (John Duncan Memorial)
Carmen Flower	English Extension 2
Erin Hatfield	Mathematics Standard 2
Elise Troman	Mathematics Standard 1
Tobi Dwyer	Mathematics Advanced
Sammuel Bobbin - Lismore High Campus	Mathematics Extension 1
Alisha McPherson	Numeracy
Tahlo Nicholson-Moss	Earth & Environmental Science
Pepa Rogers	Anne Bosse Award for Biology
Niamh Montgomery	Ancient History
Niamh Montgomery	History Extension
Luka Giacometti	Business Studies
Blake O'Sullivan	Legal Studies
Alisha McPherson	Work Studies
Pepa Rogers	Japanese Beginners
Akira Harris - Lismore High Campus	Software Design & Development
Bonnie Bennetts	Hospitality
Tom Walder	Industrial Technology
Jye Hicks	Computing Applications
Alisha McPherson / Chloe Nelson	Primary Industries
Elsie Irwin	Textiles & Design
Blake Koppen	Marine Studies
Montana Morton - Kadina High Campus	Agriculture (Warren Bancroft Award)
John-Joseph Coleman	Physics
Pepa Rogers	Chemistry
Breanna Scourfield	Photography
Ziggy Zaferis	Visual Arts

Thank You Girraween High School

After hearing about the experiences and difficulties faced by Year 12 students at the Richmond River High Campus, Year 12 at [Girraween High School](#) near Parramatta wanted to show their support by sending each RRHC student in Year 12 a care package. On Thursday 15th September, students at RRHC were absolutely delighted to receive these thoughtful gifts as they neared the end of their final weeks of school. Some of the photos below show how much the students enjoyed receiving their surprise gifts. A big thank you to the staff and Year 12 students at Girraween HS for their thoughtful gifts!

Katie Magriplis
HSIE Faculty



Year 12 Ancient History

On Monday 19 and Tuesday 20 September, the Ancient History classes celebrated their final lessons as students of history at RRHC with gifts to remind them of the epic nature of the ancient past! The favourite items in their gift boxes for sure were the "smart" study cookies, especially designed to provide memorable (and delicious) reminders of evidence for each of the topics studied in the HSC course. Good luck in the exams, or better said by Homer (ancient, not Simpson!) said in 'The Odyssey', "There is a time for many words, and there is also a time for sleep".

Miss Magriplis | Ancient History teacher



Dixon Cup

Year 12 students are Dixon Cup champions for 2022

Congratulations to Year 12 who today won the Basketball quite comfortably after Elwood Bird and Jayden Power dismantled the staff team. A big effort from Mr Yates wasn't enough to stem the scoring from Year 12 who levelled the series at 1-1 after the staff won the Volleyball 2 sets to nil, yesterday. As Year 12 are the current holders from 2021, they retain the title and are the 2022 Dixon Cup champions.

John Eakin ,Relieving Head Teacher PDHPE | Zone Sport Coordinator | Year 12 Advisor



PDHPE Faculty News

In Term 4 Richmond River High Campus will be changing the way Wednesday Sport operates for Years 8, 9, and 10, to extend student choice. We see this as an opportunity to offer more sports and additional options for students.

To achieve this, Lismore High Campus and Richmond River High Campus will combine junior students for School Sport on Wednesday mornings.

Students from both campuses will be supervised by a teacher from both LHC and RRHC. This will support all students to engage in their chosen sport and facilitate students to meet the high behaviour expectations of both campuses.

Thank you for your time. If you have any queries, please email me at Nicholas.gallagher5@det.nsw.edu.au

Nick Gallagher, Teacher PDHPE | Sports Coordinator | Year 10 Advisor

ANNUAL FUTSAL GALA

RRHC U16's boys' and girls' teams competed in the annual Futsal Gala at GSAC on Thursday the 16th of September. Both teams performed strongly, the boys in a straight knockout competition and the girls in a round robin competition.

The boys team had a strong performance against a team that advanced to the grand final. The boys conceded a couple of goals before fighting back to bring the scores level towards the end of the game. With a minute to play Kadina snuck a quick goal in the side of the net knocking the boys out of the competition. The boys played another match where they scored a range of goals, including a notable performance from Tyler Murphy scoring 5.

The girls team started with a close game against a strong Kadina team. After conceding two quick goals the girls fought back creating multiple goal scoring chances. Following the opening game, the girls fought intensely for a strong 2-0 win. To complete the round robin the girls played a strong Alstonville High team and after a great battle went down 2-1.

Connor Whitehall

Mathematics Teacher



YEAR 12 STUDY SESSION

Over the September/October school holidays, the following subjects are offering study sessions at the RRHC campus for students in the following subjects:

- English Advanced
- English Extension 1
- Mathematics Advanced
- Mathematics Extension 1
- Ancient History
- History Extension
- Chemistry
- Legal Studies

The timetable for both weeks is shown below.

Katie Magriplis
HSIE Faculty

Year 12 2022 Sept-Oct holiday study sessions

Week 1

	Monday 26th Sept	Tuesday 27th Sept	Wednesday 28th Sept	Thursday 29th Sept	Friday 30th Sept
9am					
10am	Adv English Ext. 1 English 10am-2pm Ms Sunny Willoughby	Adv English Ext. 1 English 10am-2pm Ms Sunny Willoughby	Mathematics Advanced and Maths Ext 1 9am-2pm Mr Andrew Broadley		
11am					
12pm					
1pm					
2pm					
3pm					

Week 2

	Monday 3rd Oct	Tuesday 4th Oct	Wednesday 5th Oct	Thursday 6th Oct	Friday 7th Oct
9am	Public Holiday		Chemistry		
10am		Ancient History Spartan Society Pompeii and Herculaneum 10am-2pm Miss K Magriplis	9am-12pm	Ancient History Xerxes The Greek World 500-440BC 10am-2pm Miss K Magriplis	Legal Studies 10am-2pm Ms Kristie Behan
11am			Mrs Justine Hinchey		
12pm			History Extension		
1pm			12pm-3pm		
2pm			Miss K Magriplis		
3pm					

Congratulations to these students!

These students are the winners of our positive Sentral Entry Draw for Term 3. For being consistent and/or improvement in the areas of behaviour, academically or being RRHC. They received \$20 gift vouchers. Well done to everyone who had a positive entry, keep up the great work.

Year 7 -Samantha, Max

Year 8 -Bella, Matilda

Year 9 - Yuki, Jed

Year 10 - Elliot, Athol

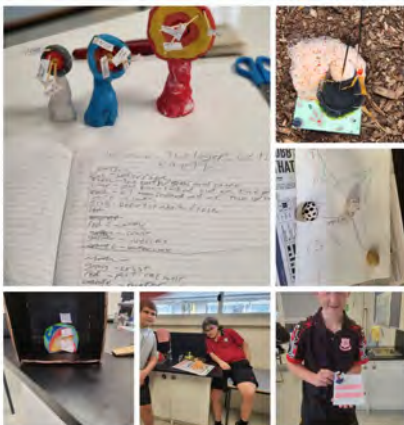


Science News

It has been great to be able to combine classes for some STEM activities this term. Students participated in a Catapult challenge and an Egg Drop challenge.



Congratulations Ms Anderson's class in winning the catapult challenge and well done to all participants.



Year 7 have been working on a model relevant to our Scientific understanding of rock formation on Earth. Students have embraced this activity and the attached is some examples of their work.

Pauline Macleod

Science Teacher

One Vision & Flickerfest

One Vision Productions (OVP), in collaboration with Flickerfest, is organising a free 5-day Hip-Hop workshop from the 26th to 30th September 2022.

This opportunity is open to anyone between 13 to 18 years of age that has lived through the floods in the shire. The program will guide participants through the process of writing a Hip-Hop song, recording it and filming it. This process will be touching on themes such as the expression of emotions, self-development, the pillars of Hip-Hop, meditation, Aboriginal culture and ancient wisdom.

The workshop will be facilitated by professional songwriters & dancers, along with Aboriginal Elders, who will share their stories and wisdom. The final piece is going to be shown at a screening event organised by Flickerfest in Mullumbimby.

Spaces are limited. See Chris Hutton (SSO) for more details OR contact Diana on 0487740119 to book a spot.

What: 5-day Music Workshop

When: 26-30th Sept 2022

Where: OVP, Byron Industrial Estate

Who: 13-18 yrs, living in a flood affected community

Contact: Diana Castanheira, 0487740119

Chris Hutton
Student Support Officer

ONE VISION & FLICKERFEST PRESENTS

2022
FREE EVENT

YOUTH 13-18 YRS OLD

ACTIVE SCHOOL HOLIDAY
WORKSHOP & SCREENING

LEARN TO WRITE A HIP HOP SONG,
RECORD AND FILM IT WITH ONE VISION

BE A STAR IN YOUR OWN MUSIC VIDEO

SCREENING WITH FLICKERFEST

WORKSHOP:
26-30TH SEPT
BYRON BAY OVP STUDIOS

FLICKERFEST

SCREENING:
SAT, 8TH OCT, MULLUMBIMBY
TIME & VENUE TBC

SUPPORTED BY NSW DEPARTMENT FOR REGIONAL YOUTH IN PARTNERSHIP WITH CREATE NSW

Tune in: experience, discover, join in and connect

MENTAL HEALTH MONTH
OCTOBER

Connection Calendar for families

Tune In and connect to your friends, your family, your community and your mental health and wellbeing.

Discover what's on these school holidays @Share our Space

Click through the calendar or use the link below to explore and connect

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>26 See if your school is open through Share our Space</p>	<p>27 Create a family logo.</p>	<p>28 Start your day with 5 mindful moments</p>	<p>29 Before dinner, talk about the best thing that happened today. What made it so good?</p>	<p>30 Sign up for Black Dog one foot forward walking challenge</p>	<p>1 Kick off the month by creating your ultimate 'feel good' playlist</p>	<p>2 Explore your neighbourhood. Let your kids decide where to turn and see where you end up</p>
<p>3 Tech-free day. Enjoy reading, walking, cooking or playing family boardgames together</p>	<p>4 Give your plants some TLC</p>	<p>5 Donate 5 items each to charity – and think how the new owner might use them</p>	<p>6 Create an obstacle course with household items – and beat your best time</p>	<p>7 Spend 5 minutes on your own and focus on your breathing</p>	<p>8 Enjoy a family 'cook in' where everyone helps to cook – and clean up, and if you can, give to a good cause</p>	<p>9 Get ready for the start of Term 4 – pack bags, sort clothes, and have an early night.</p>
<p>10 World Mental Health Day – Tune in to you and your mental health</p>	<p>11 Grab a coffee/tea or sparkling water and read a book outdoors</p>	<p>12 Wish a student doing their HSC good luck</p>	<p>13 Lay quietly and listen to the sounds of your home. What do you hear?</p>	<p>14 Consider volunteering in your local area, as a family</p>	<p>15 Phone a friend for a chat and a laugh</p>	<p>16 Do a 'Just Dance' challenge from Youtube with your family</p>
<p>17 Discover new apps</p>	<p>18 Do something kind for yourself</p>	<p>19 Ever tried origami? Today might be the day.</p>	<p>20 Take up an old skill or hobby or try a new one</p>	<p>21 Movie night. A classic you love or a new release. Don't forget the popcorn and PJs</p>	<p>22 Try eating something new – and fresh</p>	<p>23 Spring clean a spot where you like to spend time</p>
<p>24 Stay hydrated today. Drink your recommended water intake.</p>	<p>25 Watch Old People's Home for teenagers series on iview</p>	<p>26 Before you go to sleep – try a calming countdown</p>	<p>27 Share your feelings with someone you trust, and listen to them as well</p>	<p>28 Recognise World Teachers' Day</p>	<p>29 Stay active</p>	<p>30 Grandparents' Day, and share a family memory or photo</p>

31
[Write down any worries you have, and put them into perspective. And contact help if you need it](#)

education.nsw.gov.au/student-wellbeing/mental-health-month



HEALTH



Family Support Network Inc.

Tuning in to Kids



FREE Parenting Program

For Parents with children aged between 2 and 12 years

When: Starting Wednesday 19th October until Wednesday 23rd November (6 Sessions)

Where: Our new Premises , 73 Magellan St Lismore, (Upstairs)

Time: 10am to 12.30pm

Tuning in to Kids focuses on the emotional connection between parents and children. In particular it teaches parents skills in *emotion coaching*, which is to recognise, understand and respond to children's emotions in an accepting, supportive way. Children with good emotional intelligence often have better emotional and social skills, as well as fewer behavioural difficulties.

Tuning in to Kids teaches parents:

- Awareness and regulation of their own emotions
- Awareness of their child/ren's emotions
- How to respond appropriately to their child/ren's emotions

Morning tea provided.
Registrations required – phone FSN on
66212489





NSW and ACT Pathways to Post School Life: A session for young people in Years 10-12 and people who support them

Event Description

The National Disability Insurance Agency (NDIA) would like to invite NSW and ACT students with a disability in Years 10-12, their parents, carers and education professionals, to attend a virtual information session.

This is a session about building skills and paving a pathway to post school life. We will discuss a range of NDIS-funded supports and other assistance to help young people build skills to prepare for their transition, and support them in achieving employment and other goals, post-school.

This session will be delivered via video-conference using Microsoft Teams. Registrations will close three business days before the event. Two business days prior to the event, details to join the session will be sent from events@ndis.gov.au to the email address you provide at registration, so please ensure your registered email address is accurately captured to receive these details.

For any enquiries regarding this session, please contact events@ndis.gov.au and include the session name in the subject line.

Where:

Virtual Information Sessions delivered via Microsoft Teams

Date and Times:

Tuesday, 18 October 2022	7.00pm – 8.00pm (AEDT)
Wednesday, 19 October 2022	12.30pm – 1.30pm (AEDT)
Thursday, 20 October 2022	9.00am – 10.00am (AEDT)
Tuesday, 25 October 2022	8.00am – 9.00am (AEDT)
Wednesday, 26 October 2022	7.00pm – 8.00pm (AEDT)
Thursday, 27 October 2022	12.30pm – 1.30pm (AEDT)
Wednesday, 2 November 2022	9.00am – 10.00am (AEDT)
Thursday, 3 November 2022	7.00pm – 8.00pm (AEDT)

Register:

Please register using the link below via Eventbrite;

[NSW and ACT Pathways to Post School Life](#)

Additional information: Accessibility is important to us and we'll always do our best to support accessibility needs. If you have accessibility requirements, please let us know when you register. Please note, service providers can require up to five (5) business days' notice for bookings.

[ndis.gov.au](https://www.ndis.gov.au)

RRHC Yondr Program

RRHC implements the Yondr program to support our school to be a mobile phone free space. The Yondr program employs a simple, easy-to-use pouch that stores a mobile phone and requires an unlocking base to open.

When students enter the school grounds they are expected to use one of the unlocking stations at the entries to the school to open their Yondr pouch. They will then place their mobile phone in their Yondr pouch and lock the pouch using the station.

Students maintain possession of their mobile phones but are not be able to use them until they are unlocked at the end of the day. No unlocked phone is permitted on school grounds during school hours unless part of a specific learning experience at the direction of teaching staff. Student Yondr pouches should be closed and locked at all-times except when adding or removing their phones at the beginning and end of the school day.

During lessons that require or would be enriched by the use of mobile phones, unlocking stations will be provided for educational purposes by teachers.

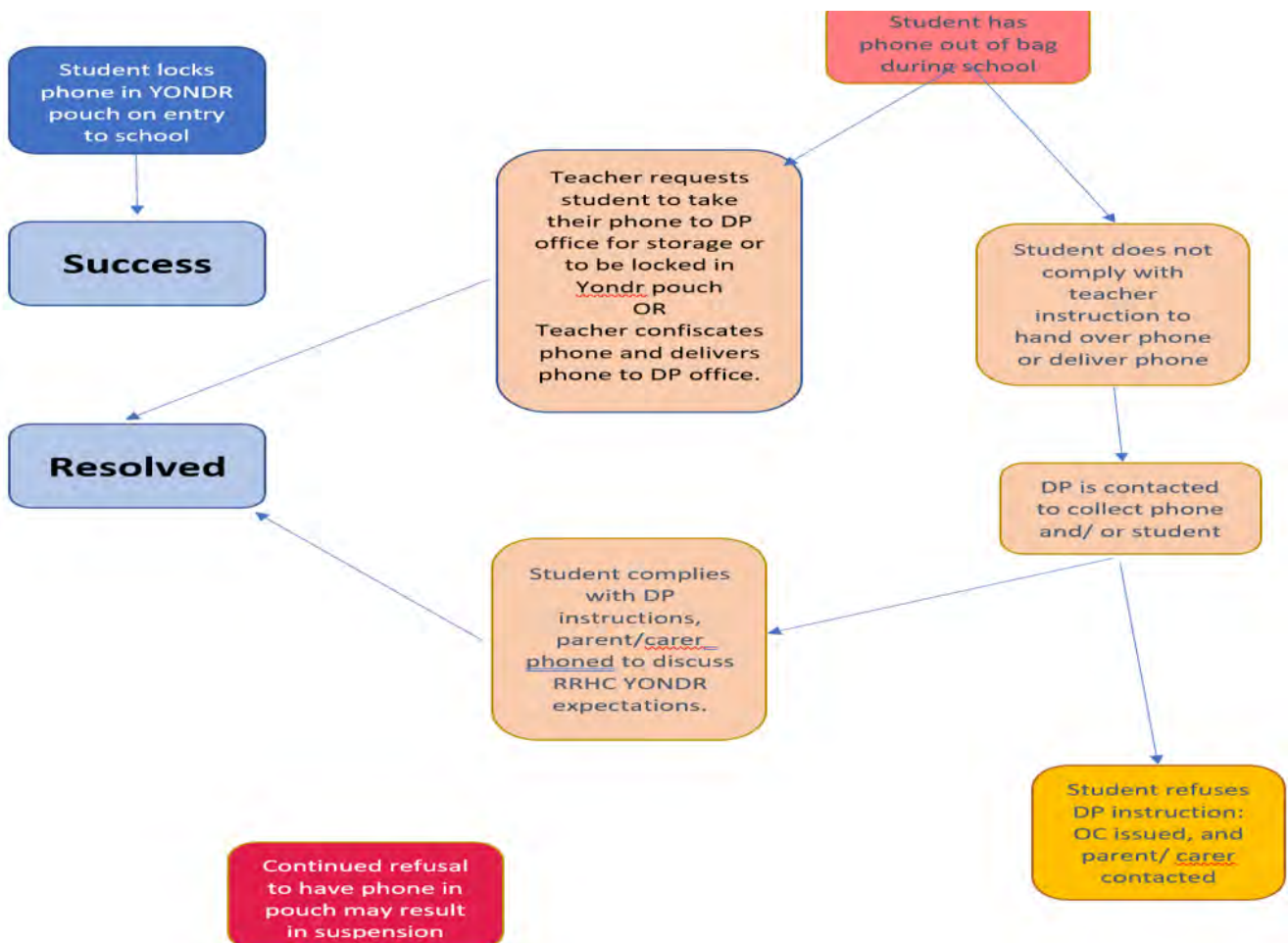
At the end of the day students leave the school via one of the exits to the school and use one of the unlocking stations to unlock their pouches.

Parents, carers and if needed employers can contact the school on 66213456 if they need a message delivered to a student.

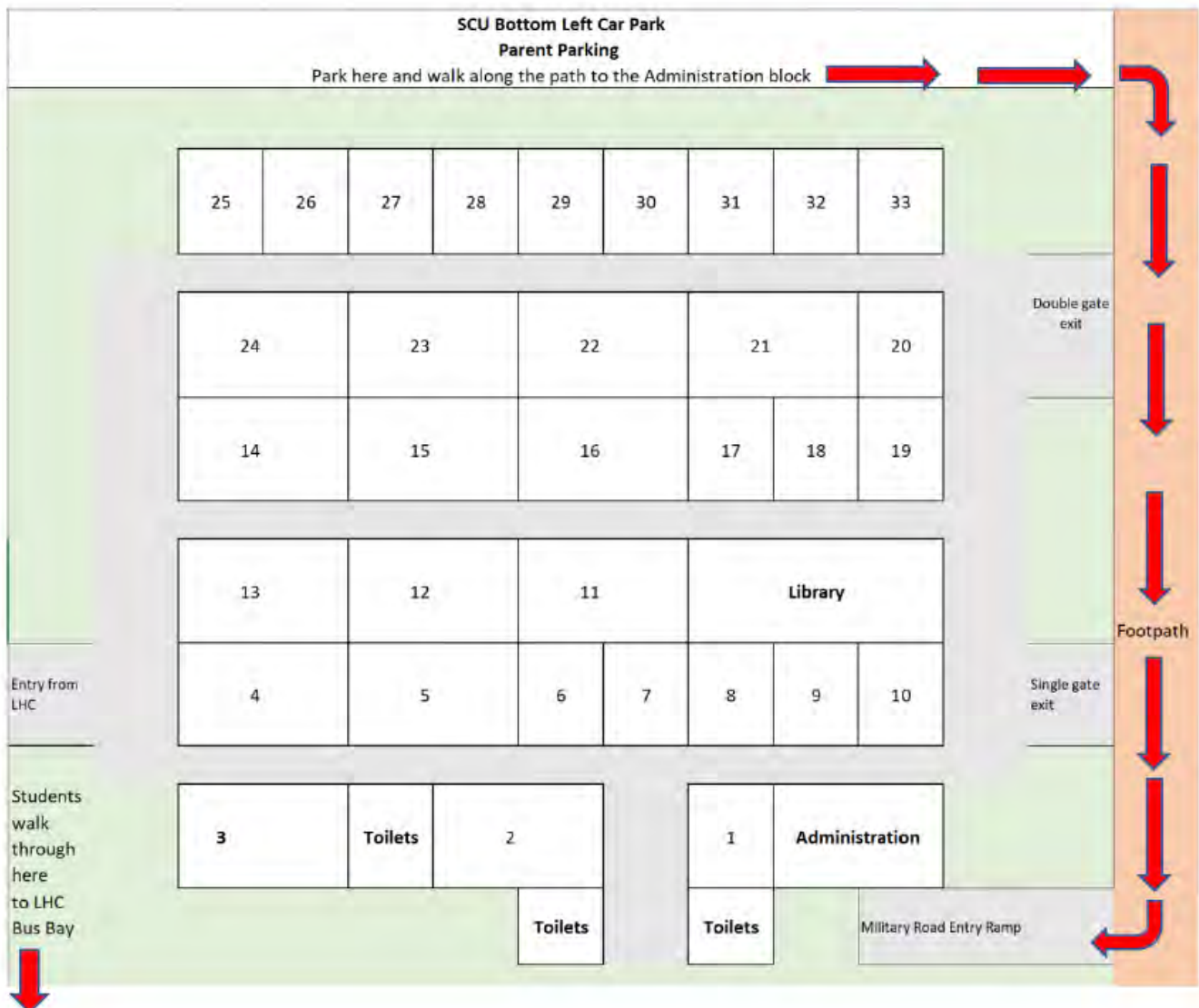
Students are able to seek support through the front office to make contact to parents, carers or employers throughout the day.

Sick bay procedures are in place if a student becomes unwell during school time. Students get a note from their classroom teacher to go to the front office where an office staff member will attend to them and if needed make contact to parents or carers to collect the student.

YONDR Pouch Procedures RRHC Term 3 2022



Parking and Access to RRHC



**Carpark naming consistent with signage in streets surrounding Richmond River High Campus

From the Office - Student drop off or pick up

Dear Parents and Carers,

If you are dropping students off late or picking them up early can you please only enter via the entry ramp off the southern end of Military Road as per the map above. Car parking is available in the SCU Bottom Left Car Park as show on the map.

We would like to respectfully acknowledge the Elders past and present of the Wijabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands. Always was, always will be.

Education Hardship Fund - \$500 per student

Many of you may have heard the Minister for Education's announcement last week regarding a funding package to support public schools (and other education and care service providers) in 7 identified Local Government Areas (LGAs) affected by the floods in the Northern Rivers, including Richmond Valley.

This funding package comprises two initiatives which are designed to help our school community recover. The first is an emergency grant payment for our staff.

The second is an education hardship fund for students to support their education recovery. The Education Hardship Fund will provide \$500 for each of our students. The funds will be transferred to each student's school account. The funds will be available for use until the end of the 2023 school year. If you have more than 1 child at the school, the Education Hardship Fund will appear on our records as a combined amount (e.g. \$1,000 for 2 children).

What can the funds be used for?

Parents and carers can request to use the funds for school-related activities and expenses including:

- Excursions, camps and incursions
- School-organised formals
- Competition fees
- Subject fees
- Canteen purchases
- Uniforms
 - School uniforms (from school – run or P&C uniform shops), end of year school jerseys and ancillary items
 - Subject uniforms such as hospitality uniforms
- Student fees associated with TAFE such as white cards
- Calculators
- In-school tutoring such as a music tutor
- Sport participation including weekly sport or carnivals
- School photos
- Family costs incurred by involvement in school theatre or music performances
- Ongoing weekly co-curricular programs such as dance or gymnastics programs

Unused funds can be transferred for students moving to another NSW public school, including those transitioning from Year 6 to Year 7. The unused funds cannot be transferred for students moving to an Independent or Catholic school.

Please note that the funds cannot be used for voluntary school contributions, nor can they be 'cashed out' or withdrawn for personal use.

How can I access the funds?

You can contact the school office via email – richmondri-h.school@det.nsw.edu.au or phone – 0266213456 to let us know how you would like the funds to be used for your child.

Please consider your child's educational and wellbeing needs based on the list included in this communication.

Please contact the school if you have any questions.

RRHC School Uniform Requirements

Uniform Requirements 2022 as published to parents, carers and students regularly on social media, in newsletters and in the student handbook.

RRHC logo School uniforms are supplied by Lowes located in the Lismore Square, Lismore. RRHC logo Hemp polos can be purchased at Northern Rivers Tiles & Mosaics.

Cultural Pride Uniform items are sourced through orders organised by the AEO

Junior School Uniform

- White, red or grey Richmond River logo polo shirt
- RRHC Cultural Pride shirt
- Plain black mid-thigh length shorts or skirt, plain black long pants or black jeans (tights are not acceptable)
- Red or black Richmond River logo jacket
- RRHC Cultural Pride hoodie
- Plain black, grey or red jumper or cardigan

NB: BLUE denim clothing is NOT acceptable

Senior School Uniform

- White, red or grey Richmond River logo polo shirt
- White buttoned senior shirt (and tie on formal occasions)
- Plain black mid-thigh length shorts or skirt, plain black long pants or black jeans (tights are not acceptable)
- Red or black Richmond River jacket
- RRHC Cultural Pride hoodie
- Plain black, grey or red jumper or cardigan
- Years 11/12 designed school jumper or jacket

NB: BLUE denim clothing is NOT acceptable

Sport Uniform Junior

- Red polo shirt
- Plain black mid-thigh length shorts or black sport shorts (tights are not acceptable)

Special note: Students are encouraged to change their shirt for PE lessons and change back to regular school uniform for remaining lessons

Please note:

Torn and/ or ripped clothing, tights, black T-shirts, blue denim jeans, singlets and/ or tank tops, midriff tops, transparent fabric, incorrect colours, stripes, large logos and/or slogans and shorty shorts are all unacceptable for school.

Important Note re footwear:

Work Health and Safety laws (2012) require all students working in a Technology practical classroom, Science labs and some CAPA classrooms to wear enclosed sturdy leather shoes. Students may not be able to participate in some activities in these practical classrooms if they are in canvas shoes.

Lismore
Corner Brewster and McKenzie Streets,
Lismore, 486 2480
(02) 66212103



SHOP IN STORE OR ONLINE
www.lowes.com.au/schools-online



RRHC School Uniform Price List

All Products

S/S White Polo Top	From	\$40.95
Lt Grey Polo Top	From	\$40.95
Black Skirt	From	\$58.95
Black Slacks	From	\$5.00
S/S White Overblouse	From	\$41.95
S/S White Shirt	From	\$39.95
Dk Red Polo Top	From	\$42.95
L/L Black Shorts	From	\$34.95
Black Cargo Shorts	From	\$23.95
Black Shorts	From	\$44.95
Black/Red Microfibre Jacket With Embroidery	From	\$64.95

ALL PRICES ARE SUBJECT TO ALTERATION

Lismore
Corner Brewster and McKenzie Streets,
Lismore, 486 2480
(02) 66212103



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www.lowes.com.au/schools-online



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for more information please contact Ezy-Way on 1300 156 937 or zero@lowes.com.au



LISMORE HIGH CAMPUS & RICHMOND RIVER HIGH CAMPUS
CANTEEN MENU FOR TERM 2



HOT FOOD		SANDWICHES, ROLLS & WRAPS	Half Sandwich	Full Sandwich	Roll
Meat pie	\$5.00	An assortment of fresh sandwiches, rolls & wraps will be available daily.	\$2.50	\$4.50	\$4.50/\$5.00
Quiche	\$4.00				
Sausage Roll	\$4.00				
Spinach & Feta Roll	\$4.50	A selection of salads will be available daily.	\$6.00	JUICE POPPERS	
Pizza Rounders	\$3.50			Just Juice Poppers	\$2.00
Chicken Nuggets (5)	\$3.50				
Garlic Bread	\$3.00				
Chicken Lettuce & Mayo Burger	\$5.00				
Beef Burgers (beef patty, lettuce, tomato, beetroot, cheese & BBQ sauce)	\$5.00	BAKED GOODS A Selection of baked goods will be available daily	Between \$1.50 - \$2.00	MILK DRINKS	
Cheese Burger (beef patty, cheese, BBQ sauce)	\$5.00	SUSHI Assorted (fresh daily)	\$4.00	FM Chocolate Milk 300ml	\$3.00
Sweet Chilli Chicken Burger (patty, lettuce & sweet chilli sauce)	\$5.00	WATER		Iced Chocolate Strawberry 500ml	\$4.50
Spicy Chicken Burger (lettuce, tomato, beetroot, cheese & sriracha sauce)	\$5.00	600 ml Pump 1litre	\$2.00 \$3.50	Norco Natural Malt, Honey & chocolate	\$4.50
ICE CREAMS		JUICE BOMBS		Original Coffee 500ml	\$4.50
Berri Cup Frozen	\$1.50	Watermelon, Apple & Raspberry, Lime & Vanilla, Lemonade, Grape or Apple & Blackcurrent.	\$3.00	Full Cream milk	\$3.50
Callippo	\$2.00			2 litre	\$3.00
Lemonade water ice blocks	\$2.00			1 litre	\$3.00
				500 ml	\$2.60
Snapsix	\$1.50				
Yoghurt Frozen Twisted	\$2.50				
Paddlepop – Chocolate & Rainbow	\$2.00				

