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2019 | ISSUE 22 | TERM 3 | WEEK 1

Principal's Message

Welcome back to school for Term 3 and the start of the second semester of the academic year. You may (or may not) have noticed I was unexpectedly absent for over half of last term on sick leave. I must say I am delighted to be feeling well again and absolutely delighted to be back at our beloved Richmond River. I missed both the students and the staff. I would like to congratulate Mr Luke Woodward, Mrs Belinda Marr and Mrs Stacey Clark who, strongly supported by a fabulous Executive team, so confidently ran the school in my absence. Congratulations are due all round.

There are some positive changes afoot and one of the biggest is for the parents of the current Year 11 students. I'm really excited about this initiative as I believe that the potential impact could be huge.

Parents and carers of Year 11 students will receive an interesting and important email next week. It is a new initiative where we will provide parents with a concise Academic Plan for each Year 11 student for Term 3. This is our very genuine attempt to support you as parents to know more about your senior student's learning over an extended period of time. We will also mail out a hard copy which we hope you will keep close to hand as a reference. Later this term we will also be seeking feedback from parents and carers around the effectiveness of this plan.

Another exciting initiative coming up is on the evening of September 18 which is an information session and talk by Adrian Piccoli, a previous NSW Minister for Education, and the current Director of the Gonski Institute for Education. This will be a fabulous opportunity for our own RRHC parents and carers but also parents and carers across Lismore and the surrounding villages. **Please save the date** and I will provide more information as it becomes available.

Have a great week

Mary-Jane Pell
Principal

Reminder - Drop off and pick up at back of school

Parents who are dropping off or picking up their children before or after school are reminded to do this in the areas outside of the bus, taxi, disability parking, and no stopping zones at the front of the school. Suggested safe areas are the grassy tree-ed area outside the Ag Shed in Lake Street or near the shelter in McKenzie Park in Pitt Street, where there is a footpath to the school. The other alternative is at the back gate of the school on Alexandra Parade. The safety of our students is paramount.

From the Community Liaison Officer (CLO)

Communicating with a Teacher

Who of us has responded to a thought, a discussion, an email or a facebook post that we have gone on to later regret. Our reaction was not helpful. It was not progressive or it has actually put off the person that we were hoping to work with on a challenge. Have you ever had that thought that rather than send out that email in the middle of the night maybe it would have been wise to wait till morning when you had calmed down? Have you fired off a response to a supposed action only to find out that you had misunderstood the message or only got a part of the story?

So it can be when working with teachers. Teachers, parents and carers have one thing in common and that is to see our young people do as well as they can and for them to be happy. We are into the serious part of the year now with Parent Teacher Interviews approaching as well as important exams for some. There is no easing back into things here at school. It is "Hit the ground running." Teachers are hard at it to get the best result for their student, your child.

It is a time to discuss concerns that you may have regarding your child. By all means make an appointment, send an email and have a chat. Explore how you can better work together for your child's best. Remember that you will learn more from listening than from talking so be prepared to listen and work with what you are hearing.

Anne Bowden

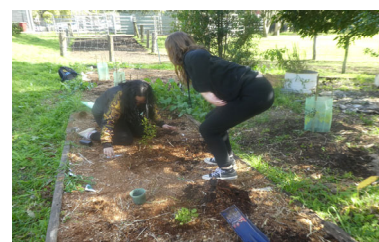
Community Liaison Officer (CLO)

What an AMAZING day!

Today we had approximately 150 students out planting, weeding, watering, mulching and fertilising trees/plants at school. We were also fortunate to have had the Toyota interactive trailer as well as a couple of hybrid cars on display and being used by students to gauge a better understanding of current and future technologies. Students were also able to construct either a scarecrow or bird feeder using recycled materials. Big thank you to Sara Smith, Trenton Baillie and staff from Lismore Toyota, Vanessa Tallon from Lismore Council (plants) Bab Jensen at Lismore Council and students, teachers and learning support staff for their help in facilitating the event.

Pauline Macleod

Science Teacher



Year 9 Study Skills Program

In the Study Skills Program this term all Year 9 students will receive a stationery pack to kick start their organisational skills! In each pack is a red pen, blue pen, black pen, lead pencil, eraser, yellow highlighter and 15cm ruler. This is an initiative set up to encourage Year 9 to come prepared and organised with the right equipment to support their learning.

Dimity McKinlay and Tracy Kelso
Study Skills Coordinators



THE RIVERS
SECONDARY COLLEGE



Breakfast Club is back
Monday-Friday 8.30-8.50am
Chill Out Room
All welcome
No charge

The Far North Coast Dance Festival 2019!!

It was 7:20 in the morning and the Lismore High bus bay was buzzing with students eager to head up to the Gold Coast for the Far North Coast Dance Festival. On arrival we headed backstage of the Gold Coast Arts Centre for an induction and safety briefing, then headed through a maze of backstage corridors to our dressing room to change for the dress rehearsal. We reboarded the bus after rehearsal for a quick dinner break at the Australia Fair shopping Centre before an outdoor warm up and rehearsal by the lake, followed by a quick game of bulrush to stay warm.

Show time! This year The Rivers Secondary College was represented by 75 students across the College, our biggest representation ever! Backstage preparations for the show saw our students getting painted up, applying makeup, gluing false eye lashes on, squeezing in last minute hallway rehearsals, problem solving costume malfunctions, snapping some selfies and creating some great memories.

We presented six dances with our Aboriginal Dance Ensemble opening the show with their item 'Freedom' which was created by allowing students to reflect on their own heritage along with their family and ancestral stories to discover their identity and gain confidence in their own present and future. Stand out performers from Richmond River High were Mia , Anna , Monique , Erin and Alexia.

Next up was Lismore High's Year 11 dance class who created and performed their group item 'Return', which explored the concept of always returning to the start. Year 11 was followed by the Rivers Sport Dance Ensemble. Their dance item 'Rejuvenate' explored the destruction of bush land in Australia contrasted with its ability to regenerate.

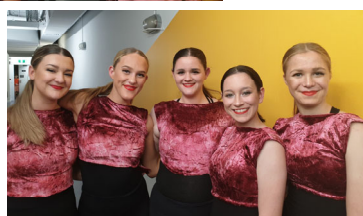
The Rivers Dance Ensemble were up next and performed their new dance item titled 'Balance' which explores line and balance through the contrast of straight and curved lines.

'Move your body' was up next, an item choreographed by the Year 10 elective class at Lismore High Campus and developed from the students assessment task which was to create a response to poem about the human body.

Last but not least was the fabulous performance of 'On the line' by RRHCm originally created by Kiarra and performed as a 2018 HSC core composition piece. This item explores the day in the life of our clothing with performers depicting the wear and tear of clothing, the washing and drying process, hanging the items out to dry, before repeating all over again. Stand out performers from Richmond River High were Tenaysha who perfectly executed her first ever triple pirouette to end the performance, Chole who emits the strongest energy on the biggest stage, and Katie who, along with her mum, helped contribute to the costuming for the ensemble. Thank you to all of the RRHC dance ensemble members Alisha, Nathan, Erin, Bella, Alice, Millarni, Luka, and Rosie for their dedication and passion for dance this semester, coming along to countless lunch rehearsals and Wednesday morning sport sessions. Your efforts definitely paid off!!

With all of these great performances completed it was time to pack up and jump back on the bus to Lismore. Thank you to all the parents and carers who were all there waiting in the cold for an 11:15pm pick up. Congratulations to all performers who participated on the day and a special thank you to Miss Somerfield (KHC), Mr McMullen (LHC) and Miss Zappia (LHC) for their dedication and effort on the day to ensure a great show.

Miss Dessmann and Miss Zappia
Dance Teachers



Semester One Senior Academic Awards Assembly

On Thursday we held our Senior Academic Awards Assembly, led by student leaders Jazmin Bertuzzi and Tahi White. Jasmin gave a very personal account of her soccer journey, with the message that decisions made early in life can impact on your future, and to take every opportunity that life offers. Thank you to the music students and teachers for their engaging performances. Thank you also to the parents and carers who came to the Assembly to share in their student's success. Congratulations to all students who received awards and in particular, our major award recipients. Below is a list of Major Award recipients. A full list of awards along with photos will be published in next week's newsletter.

MAJOR AWARD WINNERS	
Year 11	
Ruby Barker	Overall Academic Excellence Award for Semester 1
Jazmin Eakin	Overall Academic Achievement Award for Semester 1
Mika Danks	Overall Academic Achievement Award for Semester 1
Taylor Coster	Overall Academic Achievement Award for Semester 1
Grace Spencer	Year Adviser's Award for Diligence & Application to Studies
Year 12	
Chloe Mills	Overall Academic Excellence Award for Semester 1
Angus Scarrabelotti	Overall Academic Achievement Award for Semester 1
Eve Robinson	Overall Academic Achievement Award for Semester 1
Indigo Keszler	Overall Academic Achievement Award for Semester 1
Hunter Mircev-Cox	Year Adviser's Award for Diligence & Application to Studies

ASSESSMENT CALENDAR

Term 3 Week 2 and Week 3

Year 7

Year 8

Year 9

Year 10

Year 11

Earth & Environmental Science Task 2 'Depth Study' - **6.8.19 (Wk 3)**

Year 12



STAR Early Offer is now open.

Secure your place in a Southern Cross degree before you even know your year 12 results. It's a quick online application and you can change your course preference at any time.

Apply now!
scu.edu.au/star

Southern Cross University

EXAM READERS AND WRITERS

We are looking for people who can act as a reader and writer for exams in 2019, on a voluntary basis. You must have a current working with children check number. To obtain this number visit <https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check>.

Readers and writers require the following skills -

- Ability to communicate clearly in English with sufficient literacy level
- An understanding of subject(s) being examined
- Clear, legible handwriting
- Patience and sensitivity
- Understanding of the need to maintain confidentiality and ability to do so.

If interested please contact the Learning & Support Teachers ph. 6621 3456

Our School Password is:

The news for your Careers sent to you!

Visit: www.jobjump.com.au



The Rivers Secondary College - Richmond River High Campus uses STYMIE to support student wellbeing and to support direct action against bullying in our school. The program educates bystanders about their responsibilities and provides an online, independent reporting method, ensuring complete anonymity for students making notifications; creating a sense of safety in 'the crowd'. The use of Stymie will help change the 'culture of acceptance' of bullying behaviours. Students can access Stymie by going to www.stymie.com.au and

Student Online Portal

All students can now access information such as timetables, school and assessment calendars online through the student portal - login name and password is the same as DET account. The student portal web address is: web2.richmondri-h.schools.nsw.edu.au/portal/login

Are you doing
the right thing?
For you?
For others?



School Stream App - Please download

Reminder to our RRHC community that we use the [School Stream](#) App. Parents, carers and students, please download the app to your mobile device to receive



iPhone / iPad iOS

1. From your mobile device go to the App Store search for School Stream
2. Tap the FREE/GET button to the right of the School Stream listing
3. Tap the INSTALL button
4. Enter your Apple ID and password & tap OK
5. Wait for the install icon to change to OPEN
6. Tap the OPEN button
7. You will be prompted to accept push notifications, you will need to select OK
8. Start typing TRSC - Richmond River High School Campus into the search then SELECT TRSC - Richmond River High School Campus



If you are viewing this page on your mobile device, visit the store link below.



Windows Phone/Other Devices

Contact your school for your web link, and follow these instructions:

To pin a website on your Windows Phone:

- Open the website you want to pin
- Tap More icon, then tap Pin to Start

You will be able to access all of your school's information, however you won't be able to receive notifications.

Note: Some devices may vary please follow your usual installation procedure for downloading and installing an app to your device.



Android / Tablet

1. From your mobile device go to the Play Store search for School Stream
2. Tap the School Stream listing
3. Tap the INSTALL button
4. Tap the ACCEPT button
5. Wait for the app to install then tap the OPEN button
6. Start typing TRSC - Richmond River High School Campus into the search then SELECT TRSC - Richmond River High School Campus
7. Tap the DONE button in the top left



If you are viewing this page on your mobile device, visit the store links below.



Other useful information

Troubleshooting tips

Follow this link:

Are your children attending different schools?

Don't worry, School Stream caters for multiple schools from within the app itself. Jump between your children's schools by touching the school logo/name, or switch schools from the slide-in menu.

Choose which notifications you receive:

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School
6. Return at any time to change the notifications you receive.

CALENDAR

Term 3 - Week 2B

Year 11 Snow Excursion week

29 July

Zone Athletics Carnival - new date

30 July

Future Options Expo

31 July

SES Cadetship program Presentation

1 August

Byron Bay Writers Festival

2 August

Term 3 - Week 3A

5 August

Australian Poetry Slam Show

6 August

Poetry Slam Workshop

7 August

Junior Awards Assembly

8 August

Junior Parent Teacher Night

9 August

QUOTE OF THE WEEK

"Don't let what you cannot do
interfere with what you can do."

-John Wooden

(American basketball player/coach)



RICHMOND RIVER HIGH CAMPUS

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E richmondri-h.school@det.nsw.edu.au

www.richmondri-h.schools.nsw.edu.au

www.facebook.com/richmondriverhigh

Canteen: 6621 4890

We would like to respectfully acknowledge the Elders past and present of the Wijabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

To view all current events at
Richmond River High Campus, please
refer to our Facebook page at:

[RRHC Facebook](#)

(you do not have to have an account on
Facebook to access our page)

Or alternatively go to our web site and
click on the link at the bottom of the page.
Please let us know if you have problems
accessing it.

To view The Rivers Secondary College
SMORE newsletter go to

<https://www.smore.com/1n9qd>

Canteen Specials Week 2

Monday 29 July

Beef or Bean nachos with fresh salsa

- Small \$5, Large \$7

Tuesday 30 July

Teriyaki chicken with fried rice

- Small \$5, Large \$7



Thursday 1 August

Beef or Vegetable lasagne with salad

- \$5 each

Friday 2 August

Spanish chicken or Vegetable stew

- Small \$5, Large \$7



FROM THE CANTEEN

Volunteers

We are always seeking volunteers to assist in
the Canteen. If you can donate a day to assist
on a daily, weekly or monthly basis, please
phone 6621 4890.





Tuning in to Kids

FREE
Parenting Program

FREE

For Parents with children aged between 2 and 12 years

When: Starting Tuesday 30th July 2019 (6 Sessions) Finishing Tuesday 3rd September

Where: Goonellabah Community Centre (27 Oliver Ave, Goonellabah)

Time: 10am to 12.30pm

Tuning in to Kids focuses on the emotional connection between parents and children. In particular it teaches parents skills in emotion coaching, which is to recognise, understand and respond to children's emotions in an accepting, supportive way. Children with good emotional intelligence often have better emotional and social skills, as well as fewer behavioural difficulties.

Tuning in to Kids teaches parents:

Awareness and regulation of their own emotions

Awareness of their child/ren's emotions

How to respond appropriately to their child/ren's emotions

Facilitator Courtney Patterson
Registrations required – phone FSN on 66212489



Family Support Network are offering a *NEW*
FREE Parenting Program

THE BLACK BOX PARENTING PROGRAM

The Black Box Parenting Program is an **innovative** program developed specifically for the challenges after disruption in family life, such as: loss, family breakdown or family violence. The program is a **great**, non-blaming way to get parents thinking about how they interact with their **children** and how to manage some of the challenges of parenting.



5 x 2.5 hours group sessions for parents fortnightly
Individual phone calls or catch-up sessions for each participant in the off week

When: Thursday 1. August to Thursday 26. September (9 sessions.)

Time: From 10am to 12:30pm

Where: At Family Support Network, 41 Wilson Street South Lismore

Morning tea: A free morning tea is provided.

Childcare: If you require childcare whilst the group is on, please phone The Gingerbread House on 6622 1130 to make your own arrangements.

Bookings essential. Phone 6621 2489 ASAP to book your place or to find out more information.



Family Support Network inc.

Southern Cross University 'Music Careers Symposium'

Southern Cross University is holding a 'Music Careers Symposium' for young people considering an employment in the music industry. The event will be held 16 August, 9am-3pm at Southern Cross University, Lismore Campus, D Block. There is no charge although bookings are essential.

To book go to eventbrite.com.au/e/63545607623 or for more information please contact Mandy Nolan on 0422701680 or email mandy@mandynolan.com.au



Air Force Cadet Recruit Night

for candidates , parents and friends will be held at 6.30pm Fridays 2nd and 9th August at the Air Force building, Air Force Road East Lismore. If you need any pre-information please contact Roy on 0405 166 060, Steve on 0427 635 331, or Kelly-Ann on 0412 010 405.

School Uniform

Please be aware students are encouraged to wear Richmond River branded shirts, jumpers and pants/ skirts.

In 2018 the P&C introduced black jumpers as part of the RRHC uniform and acknowledged their support of students wearing the appropriate coloured shirts (grey, white or red), jumpers (grey, black or red) and pants (black) without Richmond River branding.

Items of clothing worn to RRHC cannot be ripped, must be of a single colour, cannot have stripes/ embellishment, must be of an appropriate length and have no or a very small (*smaller than the size of a credit card*) single coloured logo.

Tights, black T-shirts, singlet/ tank tops, midriff tops, transparent fabric, torn/ ripped clothing, incorrect colours and stripes, large logos or slogans and shorty shorts are all unacceptable for school.

Statement of Expectations

Student and Parent/Carer Responsibility:

- Students with the support of their parents and carers are expected to exercise their full responsibilities prior to school each day for wearing of the school uniform.
- Parents/carers should provide a written explanation when their student is out of uniform due to unforeseen reasons.
- In cases of financial hardship, parents/carers may apply for Student Assistance to help with the purchase of uniform items.

Procedures

- Students who are out of uniform should present an explanatory note to the staff member allocated to uniform during Roll Call each day.
- Students who are out of uniform without a note or those identified by staff to be out of uniform will be directed to the staff member allocated to uniform during Roll Call each day.
- Students who are out of uniform will be issued with an 'out of uniform' pass and have their names recorded on the 'out of uniform register'. A record as to whether students provided a note will be kept.
- On the 3rd instance of being out of uniform a student will be directed to the Deputy Principals for an interview. This interview will include a Sentral entry being created and a uniform letter will be generated to be sent to parents/ carers. Contact with parents directly may be made.
- Students wearing inappropriate/ outrageous clothing in the opinion of staff, e.g. offensive language/ messages, unsuitable colour and/ or unsuitable coverage will be asked to report directly to the Deputy Principals or Principal.
- Students who are argumentative are to be sent directly to Deputy Principals
- If a student continues to attend school out of uniform after the first Deputy Principal interview and the first letter has been sent home they will receive a 4th and 5th warning then be sent to the Deputy Principals again for a second interview, second letter and an Official Caution to be issued.
- If a student continues to attend school out of uniform after the second Deputy Principal interview, the second letter and Official Caution has been sent home they will be interviewed by the Principal.
- Students out of uniform who arrive late are to collect an 'out of uniform' slip from the Deputy Principal's office on arrival.

RRHC Winter Jackets - from Lowes

Lowes have advised that they now have jackets in stock.

School uniforms as shown below will be supplied by Lowes located in the Lismore Square, Lismore.

GIRLS	BOYS
<i>Junior School Uniform</i>	<i>Junior School Uniform</i>
<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt Black skirt, plain black mid-thigh length shorts, black long pants or black jeans (Tights are not acceptable) <i>NB: Denim clothing is NOT acceptable</i>	<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt Black shorts of an appropriate length, long black pants or black jeans <i>NB: Denim clothing is NOT acceptable</i>
<i>Senior School Uniform</i>	<i>Senior School Uniform</i>
<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Black skirt, plain mid-thigh length black shorts, black long pants or black jeans (Tights are not acceptable) <i>NB: Denim clothing is NOT acceptable</i>	<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black shorts of an appropriate length, black long pants or black jeans <i>NB: Denim clothing is NOT acceptable</i>
<i>Sport Uniform Junior</i>	<i>Sport Uniform Junior</i>
<ul style="list-style-type: none"> Red polo shirt Plain black mid-thigh length shorts or black sport shorts (Tights are not acceptable) <i>Special note: Students are encouraged to change for PE lessons and change back to regular school uniform for remaining lessons</i>	<ul style="list-style-type: none"> Red polo shirt Plain black shorts of an appropriate length or black sport shorts <i>Special note: Students are encouraged to change for PE lessons and change back to regular school uniform for remaining lessons</i>
<i>Winter Uniform Junior and Senior</i>	<i>Winter Uniform Junior and Senior</i>
<ul style="list-style-type: none"> White or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black long pants/ track pants or black jeans Black skirt, plain mid-thigh length black shorts (Tights are not acceptable) Red Richmond River jumper Red or black Richmond River jacket Plain black, grey or red jumper or cardigan Years 11/12 designed school jumper or jacket <i>NB: Denim clothing is NOT acceptable</i>	<ul style="list-style-type: none"> White or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black long pants/ track pants or black jeans Plain black shorts of an appropriate length Red Richmond River jumper Red or black Richmond River jacket Plain black, grey or red jumper or jacket Years 11/12 designed school jumper or jacket <i>NB: Denim clothing is NOT acceptable</i>

Please note:

Tights, black T-shirts, denim jeans, singlet/ tank tops, midriff tops, transparent fabric, torn/ ripped clothing, incorrect colours and stripes, large logos or slogans and shorty shorts are all unacceptable for school.

Important Note re footwear:

Work Health and Safety laws (2012) require all students working in a Technology practical classroom, Science labs and some CAPA classrooms to wear enclosed sturdy leather shoes. Students may not be able to participate in some activities in these practical classrooms if they are in canvas shoes.