# RICHMOND RIVER HIGH CAMPUS NEWSLETTER



Lake Street North Lismore NSW 2480 T 02 6621 3456 F 02 6622 2928 E richmondri-h.school@det.nsw.edu.au www.richmondri-h.schools.nsw.edu.au

### 2018 | ISSUE 37 | TERM 4 | WEEK 7

# Principal's News



Finally it has arrived!!! This is our new school bus, purchased through a three way financial agreement between the Variety Club of Australia, The RRHC Parents and Citizens Association and RRHC. It's a brand new Mitsubishi ROSA which seats 25 including the driver. This will make a huge difference to cost of excursions for our senior classes and small groups. We currently have several teachers with the necessary Light Rigid class licences and I am sure there will be more in the near future. What an awesome initiative. We have a formal handover morning tea next Wednesday and we are just delighted.

Mary-Jane Pell Principal

# **Deputy Principal's News**

### Hello RRHC Community

Our Year 11 students attended the Queensland University Roadshow where they got to see what is offered at some of our close interstate universities. This is a valuable experience and it was great to see students take this opportunity.

Tuesday was our Year 6 into Year 7 transition day. A big thank you to our staff and student leaders who supported the incoming Year 6 students in developing an understanding of RRHC, which is a massive change from Primary School. It was great to see the positive interactions between the incoming students and the current RRHC students.

We held an evacuation drill this week and it was pleasing to see the students complete this task and follow the instructions; it is vital that we practise these events and ensure that both students and staff know their roles in these situations.

Students are reminded to prepare their act for the River Idol to be held in the last week of school. Students can nominate their act with the CAPA teachers. River Idol is a fun and exciting event for our school with the students showing off their extraordinary talents.

"Travelling - it leaves you speechless, then turns you into a storyteller." - Ibn Battuta

Have a happy and safe weekend

Regards

Luke Woodward Deputy Principal

# Carr Legacy Scholarship

Peter and Margaret Carr both started teaching at RRHC in 1961. Peter was an English teacher and Margaret a Home Science teacher. Peter later went on to work as a Lecturer at the Lismore Teachers College, which then became the College of Advanced Education – now SCU. Peter and Margaret Carr have left a legacy where each year five RRHC Year 12 students can be awarded \$10,000 scholarships to help with their tertiary education costs.

The award is given for the purpose of supporting the student's progression to university through the payment of course fees, accommodation costs and the purchase of related texts and equipment. The award shall be in the form of \$10,000.00 of financial credit to be paid upon provision of a receipt or tax invoice.

Scholarship funds will be released to a student when the student has enrolled and commenced at university. The funds are only valid for the first year of university. Should a student be eligible to receive a scholarship but does not want to start university study in the immediate year following school completion the student can apply to have their scholarship deferred for up to one year only.

Carr Legacy Scholarship will be awarded on the basis of the following criteria:

### 1. Highest ATAR scores

2. Positive citizenship based on nil student suspensions during Years 11 and 12.

\*\* Proof of ATAR Score from Universities Admission Centre must be attached to application\*\*

# Guidelines and application form can be found on RRHC school website and have been forward to Year 12 student and parent emails.

Applications must be emailed to eden.weir@det.nsw.edu.au by **3:30pm Monday 17 December 2018.** No applications will be accepted after this time.

Eden Weir, Career Adviser

# From the Community Liaison Officer (CLO)

### Year 8 Art and HSIE

Thanks to those who sent along plastic and cardboard for the Year 8 works now being created. In this case more is better.

**Art classes** will be generating fabulous pieces from plastic. Please feel free to continue to send your cleaned plastics along and remember that coloured plastic adds so much to the creations. Examples on the internet are quite boggling as seen here. It will interesting to see what our creative students come up with.

 $\label{eq:HSIE} \begin{array}{l} \text{HSIE} \text{ are building us a city of cardboard. I look forward to seeing the finished} \\ \text{product}(s). \text{ I thought my egg carton would make a great high-rise }. \end{array}$ 

Let's see what Year 8 can come up with from our donated cardboard.

### Anne Bowden

Community Liaison Officer (CLO)







# **Cultural Opportunity**

Richmond River High Campus will be hosting two Japanese exchange students in 2019. They will be attending school for all of 2019. Would you and your family like the opportunity to share your culture with them and also learn about Japanese culture? This is a great opportunity for our school community; if you are interested please use contact details on flyer.

Nathan Dawson Japanese language teacher

# Year 11 RRISK - Reduce risk increase student knowledge

RRHC Year 11 students joined students from across the region to participate in the RRISK Seminar at SCU. We heard from famed speaker and expert Paul Dillon on the risks of drugs and alcohol, reducing harm and mobile drug testing. His presentations were both engaging and informative, with teachers and students taking a lot form his sessions.

Justin Monk from RMS also spoke to the students about safe vehicles and sharing the road with trucks. To complete the day students heard from crash



survivor Michael Buttenshaw about his life before and after a car crash that has left him wheelchair dependent. His honesty and experiences gave a real insight into the impacts of poor decisions and risk taking.

Students represented RRHC outstandingly, a credit to themselves and the school. *Stacy Clark HT PDHPE* 

# Year 9 PASS

On Tuesday eleven of our Year 9 Physical Activity and Sports Studies students went on an excursion to Alstonville to learn how to be leaders in sport. Students attended three sessions of their choice led by sports development officers. Students can use these skills to support their peers and younger students. Our students chose from Hockey, Tennis, Basketball, Netball, Touch and Rugby League and demonstrated some strong leadership skills in their chosen activities.

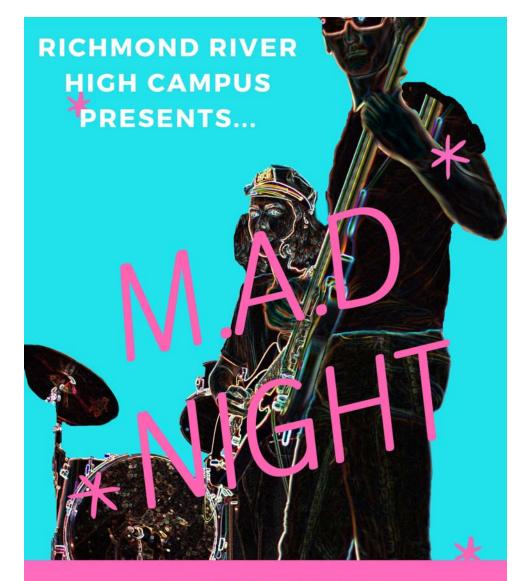
John Eakin PDHPE Teacher











THURSDAY | 6.12.18 | ART EXHIBITION | 5:30-6:30 | YR 12 COMMON ROOM MUSIC & DRAMA | 6:30-8:00 | RIVER THEATRE

# House with No Steps Supported Employment Program

Travis, Ruby and Phoebe have been enjoying their work experience at Summerland House Farm. The students will be attending this program one day a week over the next three weeks. *Eden Weir* 

Careers Adviser









# Science goes Bananas

On Thursday last week we were fortunate enough to have Matt Weinert and Leanne Davis talk to our students about bananas, over eighty students attended. Matt is the Industry Development Officer (Bananas) with NSW Department of Primary Industries.

The presentation was very informative and students learned about different banana varieties and the importance of the humble banana to the Australian economy. Disease prevention was also highlighted. Our students also enjoyed banana treats! Thank you, Matt and Leanne.

Pauline Macleod Science Teacher









Science

Has Gone

# Year 8 Visual Arts

Year 8 have been studying the natural environment and have painted local landscapes. These students picked landscapes involving water, which is quite challenging to paint! They have done a fantastic job! Well done, Ziggy, Niamh, Elena and Erin.

Ms Simpson Visual Arts Teacher



### **RRHC Year 8** Step up, Reach Out and Make a Difference for a Better Australia



When will this happen? The RRHC Making a Difference Campaign will be held on:

### Friday 7 December 10.00am-11.00am in the RRHC MPU.

Why is this happening? Year 8 Project Based Learning and Study Skills program has enabled Year 8 to choose an area of concern they have for Australia and create a campaign to raise awareness and collect funds from our school and local community.

How can you reach out and help? Parents, family members and local community members and RRHC staff are invited to attend the campaign day at 10.00am until 11.00am in the RRHC MPU. Bring along a gold coin donation and you will be given a token to vote for your favourite campaign at each of the students stalls.

What about the rest of the school? Students from Years 7-10 will donate a gold coin during roll call and then be given the opportunity to visit the stalls for half an hour during Periods 2 and 3 with their teachers.

Which charities will your donations go to?The Great Barrier Reef FoundationOur KidsWIRESSource

Southern Cross LADS

Your Support will be greatly appreciated :)

Any questions please contact Elise Dessmann- Year 8 Adviser

# All My Own Work -Change of date

All My Own Work will now be running for Year 10 on Monday 3 December (Week 8). All My Own Work is a NESA program that informs Year 10 students of their responsibilities concerning submitting only work that they have completed themselves and educates them as to what equates to cheating in assessments.

It is a requirement of NESA that all students complete the course before they are able to be entered into their Year 11 courses.

### Sarah Helliwell

NESA Contact/VET Coordinator



The Rivers Secondary College Richmond River High Campus uses STYMIE to support student wellbeing and

to support direct action against bullying in our school.

The program educates bystanders about their responsibilities and provides an online. independent reporting method, ensuring complete anonymity for students making notifications; creating a sense of safety in 'the crowd'. The use of Stymie will help change the 'culture of acceptance' of bullying behaviours. Students can access Stymie by going to www.stymie.com.au and

www.facebook.com/stymieau

### ASSESSMENT CALENDAR

Weeks 8

Year 7 Geography - Youth Liveability Project -3.12.18

### Year 8

Year 9 Food2 - 6.12.18

Year 10

Year 12

Business - Operations Essay Report - 4.12.18

## OUR SCHOOL HAS SUBSCRIBED TO AN ONLINE & INTERACTIVE STUDY SKILLS HANDBOOK

	lyskillshandbook.com.au
and login a	as a subscriber with these details
USERNAME:	RRHC
PASSWORD:	88success

This password is only for use by Richmond **River High Campus students and parents.** 

# School Stream App - Please download

Reminder to our RRHC community that we use the School Stream App. Parents, carers and students, please download the app to your mobile device to receive

#### iPhone / iPad iOS

- 1. From you search fo

- 5. Wait for the install icon to change to OPEN
- u will be prompted to accept push tifications, you will need to select **OK**
- Start typing TRSC Richmond River High School Campus into the search then SELECT

#### Android / Tablet

- 1. From your mobile device go to the Play Store search for School Stream
- 2. Tap the School Stream listing
- 3 Tap the INSTALL button
- 4. Tap the ACCEPT button
- 5. Wait for the app to install then tap the **OPEN** button
- 6. Start typing TRSC Richmond River High School Campus into the search then SELECT TRSC Richmond River High School Campus
- 7. Tap the DONE button in the top left



#### Available on the App Store

#### Other useful information

#### Troubleshooting tips

Are your children attending different schools?

Open the website you want to pin

vorry, School Stream caters for multiple schools from within the app itself. Jump between your n's schools by touching the school logo/name, or switch schools from the slide-in menu.

#### se which notifications you receiv

- 1. Open the School Stream app on your mobile device
- From the slide-in menu, go to Settings
   Under Edit/Alerts select My Schools and select your School to open the Network
- 4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
- When you have finished, use the Back button to return to the Settings page, then select Done to return to your School
- 6. Return at any time to change the notifications you receive







### CALENDAR

### WEEK 8A

Monday 3 December Year 11 SLR Aquatics All My Own Work Tuesday 4 December

Year 6 into 7 Orientation Year 9 PASS Aquatics

Wednesday 5 December Year 9 End of Year Excursion Thursday 6 December Year 9 PASS Aquatics MADD Night Friday 7 December Step Up, Reach out & Make a Difference Day

WEEK 9B Monday 10 December Year 8 Camp Year 9 PDHPE Yearly Examination Tuesday 11 December Year 8 Camp QLD Gallery of Modern Art visit LaST Enhanced Transition 6-7 Wednesday 12 December Thursday 13 December Awards Assembly Friday 14 December Year 10 PASS Aquatics

### QUOTE OF THE WEEK

" In the end, it's not the years in your life that count. It's the life in your years. " (Abraham Lincoln) To view all current events at Richmond River High Campus, please refer to our Facebook page at: RRHC Facebook

(you do not have to have an account on Facebook to access our page)
Or alternatively go to our web site and click on the link at the bottom of the page.
Please let us know if you have problems accessing it.

To view The Rivers Secondary College SMORE newsletter go to https://www.smore.com/1n9qd

### CANTEEN ROSTER

- 3 December Help needed
- 4 December Help needed
- 5 December Help needed
- 6 December Help needed
- 7 December Help needed

If you can help, please phone 6621 4890.

From the Canteen If anyone has an abundance of fresh fruit and would like to donate it to our Canteen, it would be greatly appreciated



### RICHMOND RIVER HIGH CAMPUS

Lake Street, North Lismore NSW 2480 T 02 6621 3456 F 02 6622 2928 E richmondri-h.school@det.nsw.edu.au www.richmondri-h.schools.nsw.edu.au www.facebook.com/richmondriverhigh Canteen: 6621 4890

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

# **Canteen Specials Week 8**

**Monday 3 December** 

Garlic and mustard beef or Vegetable skewers with variety of salads - \$5 Small, \$7 Large 🛛 🛛 🏹



**Tuesday 4 December** 

Orange chicken or Vegetables with fried rice - \$5 Small, \$7 Large

Thursday 6 December Butter chicken or Vegetable curry - \$5 Small, \$7 Large

### Friday 7 December

Beef or Bean nachos - \$5 Small, \$7 Large



### STUDY SKILLS TIP FOR DECEMBER - TIME TO REFLECT: STEPS TO SUCCESS

With the end of the year fast approaching, take the time to ask yourself these questions:

- How well did I do this year at school? •
- Did my particular style of thinking or approach produce more or less learning than I had expected?
- What could I have done differently?
- What might I change to help me improve next year?

Take a piece of paper and write down the top 5 changes you want to make in your approach to school next year. Do it now because you will forget what you did in the new year. That way you can review your list before you start school again next year.

If you need a bit more help identifying what you could do to improve, work carefully through the next section. The following is adapted from the 'Becoming a Senior Student' unit on www.studyskillshandbook.com.au, but is suitable for students at all levels.

### Moving Your Results to the Next Level

Level 1: Do you have the basics under control?

It is pretty hard to get decent marks if you aren't doing at least the three 'E's on Level 1:

- ENROLMENT: coming to school every day, attending every lesson.
- EQUIPMENT: coming to class with textbooks, writing paper, pens. .
- ENGAGEMENT: working in the classroom, trying your best, doing what you are asked to do.

#### Level 2: Do you have everything set up for learning?

Got the basics under control and ready to move your results to this next level?

Then this is what you need to do next:

- COMPLETING SET HOMEWORK: Your teachers are giving you this work for a reason! To help you understand the subject better. It makes sense to put a bit of effort in to do this work.
- PARTICIPATING IN CLASS / ASKING FOR HELP: By participating it helps you understand better in class which means less work to do at home. It is also important to ask for help from your teachers if you do not understand something.
- HOME STUDY ENVIRONMENT / ORGANISING RESOURCES: It is important you can find everything you need when you need it. Consider how you have set up your workspace, how you manage all the paper and all of the digital resources you receive in the senior years.

#### Level 3: Do you study and manage your workload effectively?

Now that you have got things set up, time to make your life easier, and your study more effective, with the techniques on this next level.

- PREPARING FOR ASSESSMENTS: Are you? .
- Using a Term Planner or Term Calendar so you can clearly see when assessments are due. .
- Using a Diary to help plan for assessments make a plan of work and keep track of what you have done. .
- WORKING EFFICIENTLY AT HOME: Are you?
- Working in half hour blocks with no distractions. .
- Making a study plan or study timetable. .
- Making a plan each afternoon before you leave school. •
- Using software such as 'Self-Control' and 'Freedom' to manage distractions •
- Separating school work and personal time.
- Allocating set times to schoolwork. .
- USING THE 1,2,3 STUDY METHOD: Are you?
- Avoiding just reading your notes over and over. .
- Avoiding leaving study until the last minute. Instead, this is how you study in the senior years:
  - 1. MAKE STUDY NOTES
  - 2. LEARN THE NOTES BY TESTING YOURSELF ON THEM
  - DO LOTS OF QUESTIONS TO PRACTISE YOUR SKILLS.

### STUDY SKILLS TIP FOR DECEMBER - TIME TO REFLECT: STEPS TO SUCCESS continued

Level 4: Do you want to get the best results you are capable of?

So you have decided to go all out and aim for great marks. Well done you! The nice thing about school is that it rewards hard work and effort, you don't have to be a genius, you just have to get stuck into it. If you are ready to move your results to the next level, here are your next steps.

• MAKING STUDY NOTES EARLY:

Don't wait until exam time. Make your study notes as you go, often at the end of a topic or section or every few weeks.

File away your study notes when complete so they are ready for exams.

Try advanced forms of note-making.

• USING A WIDE VARIETY OF STUDY TECHNIQUES:

The more different ways you interact with the information you are trying to learn the better chance you have of retaining this info.

Explore which study techniques are most suited to your style of learning.

• AIM FOR 2-3 HOURS OF SCHOOLWORK PER NIGHT (FOR SENIORS):

Do homework first.

Then work on assessments.

If you still have time, continue with work on study notes.

If notes are up-to-date, think what else you could do to improve your understanding of the subject, study guides, practice papers, revision books, practice essays.

Learn more about all these topics by working through the relevant units of work on www.studyskillshandbook.com.au

• The holidays are also a perfect time to stretch your brain. The best thing you can do for your brain is to try something new, this will build new neural pathways in your brain. So these holidays, try at least one thing you have never done before, Sudoku, start learning a new language, try a new sport, take up a new hobby, even brushing your teeth with the opposite hand can have a beneficial effect on the brain! Visit www.studyskillshandbook.com.au to learn more about the brain in the Your Brain and Memory unit.



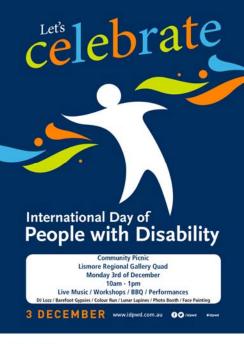
# Reminder - Drop off and pick up at back of school

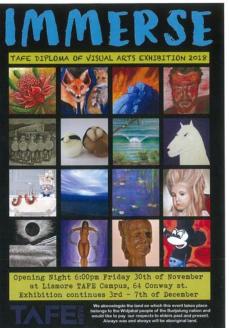
Parents who are dropping off or picking up their children before or after school are reminded to do this in the areas outside of the bus, taxi, disability parking, and no stopping zones at the front of the school. Suggested safe areas are the grassy tree-ed area outside the Ag Shed in Lake Street or near the shelter in McKenzie Park in Pitt Street, where there is a footpath to the school. The other alternative is at the back gate of the school on Alexandra Parade. The safety of our students is paramount.

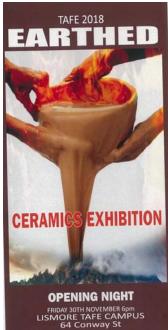












# Student Online Portal

All students can now access information such as timetables, school and assessment calendars online through the student portal login name and password is the same as DET account. The student portal web address is: web2.richmondri-h.schools.nsw.edu.au/portal/ login