## RICHMOND RIVER HIGH CAMPUS NEWSLETTER



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### 2018 | ISSUE 29 | TERM 3 | WEEK 9

### **Deputy Principal's News**

What a big week it has been for RRHC students.

We have had HSC Music Exams on Monday where our HSC students performed for the HSC Markers who visit schools around the state to mark the practical component of the HSC Music course. Mr Wordsworth reported that the students did a fabulous job and he is very proud of all of them.

Year 11 students started their final Preliminary Examinations and from all reports are moving positively through this important time of their senior study program.

Year 10 students have been on the annual Great Keppel excursion and have been having a fantastic time snorkelling, paddling, on boat rides and living the relaxed island life for the week. The photos sent back already show what a fantastic experience this excursion is for our students.

The HEALING program run by Northern NSW Aboriginal Health Service was delivered by Laurel Rogers and Elly Bradshaw to Year 7 to Year 10 Aboriginal students with a focus on healthy eating, activities and lifestyle. All students involved found this program engaging and fun with them participating in physical activity and preparation of healthy food.

Next week will see the last school week for our Year 12 cohort. We hope they take advantage of their last few days in timetabled lessons and set themselves up to prepare for their HSC Examinations over the school holidays and stuvac period. We look forward to celebrating their success on the Year 12 Formal Assembly which is on Friday 28 September at 10am.

Belinda Marr Deputy Principal

### Retirement – Lyn Martin

Today we had a morning tea to acknowledge the great work Lyn has done at RRHC. Lyn is leaving us after twenty-seven years as a cleaner. She has cleaned every area of the school most recently working in the Hospitality, English, River Theatre and Canteen areas. Lyn has been a very dedicated and respected member of the RRHC community and she will be missed. Lyn has had a long association with the school, not only as a workplace but also as a parent, as her children attended school here. We wish Lyn all the very best in her retirement, we know she will not miss the early starts! Thanks Lyn, enjoy your retirement.



# From the Community Liaison Officer (CLO)

#### Letting go of our children

As we come to the end of Term 3, Year 12 prepares to leave the protected environment of the school. As parents we face many moments of 'letting go'.

We let them go when they learn to walk. We let them go when they go to Big School. We let them go when they get their driving licence.

We let them go when they leave school. We let them go when they leave home.

Often times it is done with anguish as we are aware of the possible difficulties that our children may face. We want them to be safe and we want them to be happy and we can not control that.

Our children are only ever ours on loan.

As the great Khalil Gibran tells us "You are the bows from which your children, as living arrows, are sent forth."

I wish all of our Year 12 students well for the upcoming exams. I wish them a safe and happy future.

Thank you,

Anne Bowden Community Liaison Officer (CLO)

### Safe on Social

Kirra Pendergast of Safe on Social Media presented to students in Years 9 to 12 last week. Kirra spoke about cyber safety with information security and risk management skills; so our students learnt practical things they can use. It was a very informative session and students learned how open they are online through various apps and settings and how important their digital footprint is now and into their future. Kirra will be back to present to staff and students in 2019. https://www.safeonsocial.com/



# The Rivers Dance Ensemble at the State Dance Festival 2018

This year the Rivers Dance Ensemble performed at the State Dance Festival in Sydney for the first time ever. Their journey started back in Term 2 when they performed at the Far North Coast Dance Festival. Students at the College participate in this event every year. This year the College was represented by over fifty students and this was the first time any entry from the College was successful in our audition for State. During their time there the students participated in master classes covering Bollywood, Rudolf Laban's movement practice to classical music, and a class focused on commercial dance. The dancers performed brilliantly on stage and held their own against performing arts schools. This has been a fabulous experience for the College performers. Thank you to Mr McMullen and Miss Zappia who assisted on this excursion and congratulations to Ashleigh who represented RRHC and the students from Lismore Campus and Kadina Campus.







### **Girls Futsal**

On Friday 14 September the U14s and U16s Girls Futsal teams travelled to Casino to contest the Northern Rivers Zone CHS Championships.

The U16s took to the court first accounting for the home team Casino 4-2 with Alinta scoring all four goals. The U14s then kicked off their campaign with a dominant 6-0 victory over Rivers compatriot Lismore High. Four separate goal scorers contributed, with Audrey chalking up three to her name. The U16s then played their second round game against another Rivers team, Kadina, with another dominant win 4-1. Alinta bagged another three goals with Indhi also chiming in on the score sheet. The U14s played their second round match up against a physical Woodenbong side and with the scores locked 1-1 at full time they were headed for extra time. Denied a penalty and losing Audrey to injury, Woodenbong scored the winner with the last kick of the game. This ended the U14s run finishing as a zone top four team. The U16s took to the court for the final against a strong Alstonville side and were outplayed from the first whistle, eventually losing 5-0. The U16s finished as zone runners up.

I'd like to congratulate all the girls for their effort, style of play and the manner in which they

conducted themselves. John Eakin Teacher PDHPE



### Student success

Sharmeeka played at the Under 15s State Softball Championships on the weekend at Blacktown International Sports Stadium. She played with the Newcastle District Softball Association. They came 5th in their Pool. Sharmeeka played five games, being catcher for three games. Well done Sharmeeka.



### SRC Drought Fundraiser -"Dress like a farmer"

Last Friday the SRC held a mufti day and BBQ which raised \$1200 for farming families around Tooraweenah, NSW. Thanks to Trenton from Lismore Toyota, Brads Butchery and Dalley St Butchery who kindly donated sausages for the BBQ. Well done to the SRC members for manning the BBQ, the Support Unit students for cooking the BBQ and all the students and staff who supported

this fundraiser. *Dimity McKinlay SRC Coordinator* 











### **Rivers U15s Girls Basketball Team**

The RiversU15s Basketball Team has competed in the NSW Combined Schools Knockout Competition. The team was made up of students from Lismore High Campus and Richmond River High Campus. Our journey included wins against Evans Head and Ballina. The final opponent was Oxley College who took out the win. Well done to all the girls and we hope they will continue to represent our College in basketball. Lekhia and Whitney represented RRHC.



### Year 10 Great Keppel Island Excursion

Year 10 arrived On Great Keppel Island on Monday. During their time on the island the students have enjoyed many activities including coral reef snorkelling, canoeing, swimming, paddle boarding, kayaking and coral viewing. From all reports everyone had a fantastic experience. A huge thank you to the attending staff who have given their personal family time to accompany the eighty-five students who attended. There are a lot of weary but happy travellers.



### ASSESSMENT CALENDAR

#### WEEK 10A

#### Year 7

Year 7 Science Assessment Task - Effects of Friction - 24.9.18

#### Year 8

Year 8 Mathematics Assessment Task - 24.9.18 Year 8 PDHPE Group Composition (in class) -24.9.18

#### Year 9

Year 10

Year 11 - Exam weeks 10A

**Year 12** 

### Lost clothing

There is a significant amount of clothing in lost property at the Front Office.



Students need to claim any clothing they've lost before the end of next week. Any unclaimed items will be donated to charity.

	Session 1: 8.50am - 11.00am	Session 2: 12.50pm - 3.00pm
Mon D6 24 Sep	Drama-1 hour 30 mins Investigating Science (KHC)-2 hours Primary Industries-1 hour Software Design & Development-2 hours Visual Arts-1 hour 30 mins (followed by visual/verbal component 1h 30 mins)	PDHPE-2 hours
Tue D7 25 Sep	Chemistry-2 hours Earth & Environmental Science-2 hours Industrial Technology-1 hour 30 mins Legal Studies-2 hours	Food Technology-1 hour 30 mins
Wed D8 26 Sep	Music Prac All Day	Music Prac All Day
Thu D9 27 Sep	Catch up day	

#### Year 11 Yearly Examination Timetable Term 3 2018 Week 10

### School Stream App - Please download

Reminder to our RRHC community that we use the School Stream App. Parents, carers and students, please download the app to your mobile device to receive



- 1. From your mobile device go to the App Store search for School Stream

- 7. You will be prompted to accept push notifications, you will need to select **OK**
- 8. Start typing TRSC Richmond River High School Campus into the search then SELECT TRSC Richmond River High School Campu

#### Android / Tablet

- 1. From your mobile device go to the Play Store search for School Stream
- 2. Tap the School Stream listing
- 3. Tap the INSTALL button
- 4. Tap the ACCEPT button
- 5. Wait for the app to install then tap the OPEN
- button 6. Start typing TRSC - Richmond River High
- School Campus into the search then SELECT TRSC Richmond River High School Campus
- 7. Tap the DONE button in the top left









Other useful information

Don't worry, School Stream caters for multiple schools from within the app itself. Jump between your children's schools by touching the school logo/name, or switch schools from the slide-in menu

Choose which notifications you receive:

1. Open the School Stream app on your mobile device

Windows Phone/Other Devices

You will be able to access all of your school's information however you won't be able to receive notifications.

- 2. From the slide-in menu, go to Settings
- 3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
- 4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
- When you have finished, use the Back button to return to the Settings page, then select Done to return to your School
- 6. Return at any time to change the notifications you receive





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### CALENDAR

WEEK 10A - Last week of Term 3 Year 11 Yearly Exams Week Friday 28 September Year 12 Farewell Breakfast and Assembly Year 12 Reports to students

Holidays start at 3.15pm Term 4 commences for students on Monday 15 October - Week B

TERM 4 WEEK 1B -Monday 15 October All students and staff return to school Tuesday 16 October One Vision Program Wednesday 17 October Thursday 18 October North Coast National Show Friday 19 October

QUOTE OF THE DAY

"Love what you do and do it well (Anonymous )



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We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands. To view all current events at Richmond River High Campus, please refer to our Facebook page at: <u>RRHC Facebook</u>

(you do not have to have an account on Facebook to access our page)
Or alternatively go to our web site and click on the link at the bottom of the page.
Please let us know if you have problems accessing it.

To view The Rivers Secondary College SMORE newsletter go to https://www.smore.com/1n9qd

### CANTEEN ROSTER

24 September - Help needed
25 September - Help needed
26 September - Meryl Condon
27 September - Dorothy Tan
28 September - Help needed

If you can help, please phone Kathy Claydon on 6621 4890. From the Canteen If anyone has an abundance of fresh fruit and would like to donate it to our Canteen, it would be greatly appreciated

### Canteen Specials Week 10 Term 3

Monday 24 September Mexican mix with fresh salsa - \$5 Small, \$7 Large

Tuesday 25 September Asian feast - \$5 Small, \$7 Large



Thursday 27 September Shepherds pie or Roast chicken - \$5 Small, \$7 Large

Friday 28 September A variety of pasta - \$5 Small, \$7 Large



### **Elsa Dixon Aboriginal School Based Traineeship Opportunity**

#### **Applications Open**

The Elsa Dixon Aboriginal School Based Traineeship is a two-year program funded by Training Services NSW - Department of Industry for year 11/12 students considering a career with Northern NSW Local Health District.

We have opportunities for five Aboriginal students entering year 11 in 2019 to complete the following course as part of the 2018- 2019 Traineeship program with Northern NSW Local Health District:

HLT33115 Certificate III Health Services Assistance

The School based Traineeship is part of your HSC. You simply attend work placement one day per week (100 days over two years) and attend one day per week with the Registered Training Provider.

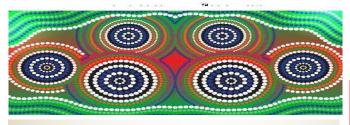
The Work Placement you do is PAID WORK and may be offered at one of the following locations: Tweed, Murwillumbah, Byron, Ballina, Lismore, Kyogle, Nimbin, Bonalbo, Urbenville, Casino, Grafton or Maclean.

Additionally, if you successfully complete your traineeship with NNSW LHD, we will place you onto our casual pool and support your applications for further employment with us.

If you are interested in applying for one of these traineeships, please contact your school careers advisor as first point of contact and email

Mr Jonathan Magill, Nurse Manager Professional Development & Education

jonathan.magill@health.nsw.gov.au





Rural Scholars Summer School School of Rural Medicine



An opportunity for rural, regional and remote school students, school leavers and anyone interested in redirecting their career to take the first step towards a career in medicine.

What A five-day long residential camp to experience what it is like to be a medical student in our school.

## student in our school. The Rural Schoar Summer School is open to anyone Is years and over who is interested in pursuing a career in medicine, and lives in a rural, regional or remote area. Regardless of whether you are a high-school student, school leaver or someone interested in redirecting their career - I you are passionate about making a difference in rural, regional nd remote areas, we want to help yo

The School of Rural Medicine, the University of New England, Armidale, NSW. When 3-7 December 2018.

mystify the study and practice of medicine in a al context.

e very first step of accessing a medical education often the most difficult, and we would like to





The Rivers Secondary College Richmond River High Campus uses STYMIE to support student wellbeing and to support direct action against bullying in our school.

The program educates bystanders about their responsibilities and provides an online, independent reporting method, ensuring complete anonymity for students making notifications; creating a sense of safety in 'the crowd'. The use of Stymie will help change the 'culture of acceptance' of bullying behaviours. Students can access Stymie by going to www.stymie.com.au and

www.facebook.com/stymieau

### HSC EXAM READERS AND WRITERS

We are looking for people who can act as a reader and writer for Year 12 students during HSC Exams in Term 4, on a voluntary basis. You must have a current working with children check number. To obtain this number visit https://www.kidsguardian.nsw.gov.au/child-safe-organisations/ working-with-children-check.

Readers and writers require the following skills -

- Ability to communicate clearly in English with sufficient literacy level
- An understanding of subject(s) being examined
- Clear, legible handwriting
- Patience and sensitivity
- Understanding of the need to maintain confidentiality and ability to do so.

If interested please contact Susie Hancock- Learning & Support Teacher ph. 6621 3456



Helping learner drivers NSW

#### Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a FREE two hour workshop.



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Tuning in to Kids

f their child/ren's emotions and appropriately to their child/ren's emotions 3 their children to verbalise and manage their own

## **EXCLUSIVE OFFER** FORMALS SUIT PACKAGE

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Who: For parents/carers of children 2-12 years. When: November 2. ,9. , 16. and 23. 2018

(4 Friday ) 10am to 12:30pm.

What: 123 Magic & Emotion Coaching is a free four session parenting course, designed to provide parents and carers with skills to prevent or manage common behaviour problems. The program also helps parents to build positive relationships with their children and explores ways to make parenting more enjoyable.

#### Where: 30 Wyrallah Rd Lismore

Childcare: If you'd like to arrange childcare while the group is on, please phone The Gingerbread House on 6622 1130 ASAP to reserve a place for your child.

Bookings: Places are limited, so please phone 6621 2489 to reserve your place. Morning Tea provided.

#### Family Support Network Inc.

Inspiring communities, families & children to connect, move & grow



#### **Non-Teaching Staff School Introduction Training Days**

The Department of Education is seeking people who are interested in commencing work within public schools in your area.

The School Administrative and Support (SAS) Staff Reference Group welcome any people looking to start work in school administration to enrol in our Non-Teaching Staff School Introduction training programs.

The aim of this training is to provide participants with an overview of school administrative roles. Participation in these introduction days are **not** a guarantee of employment with the Department of Education. Participants are required to obtain a Working with Children Check (WWCC) clearance for paid work at their own cost. <u>https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check</u>. Payment is then made through Service NSW prior to attending day one. To enable processing for potential employment participants are required to bring necessary completed forms, which appear on the MyPL registration page. Many schools have a policy of not employing current parents or associates within their own school.

It would be desirable if participants had a sound knowledge of the Microsoft Office suite.

The training days will be held in the following locations:

Goonellabah office – Wednesday 17 October & Friday 9 November 2018 Tweed Heads South Public School – Wednesday 24 October & Tuesday 13 November 2018 Maclean Public School – Wednesday 24 October & Tuesday 13 November 2018 William Bayldon Public School – Wednesday 24 October & Tuesday 13 November 2018 Frederickton Public School – Friday 26 October & Friday 9 November 2018 Port Macquarie Library – Thursday 25 October & Wednesday 7 November 2018 Forster office – Monday 22 October 2018 & Tuesday 6 November 2018

To secure a place in this course, participants will need to register online as a community member on MyPL. Go to the following site <u>https://mypl.education.nsw.gov.au/</u> and select Register. After completing the details, an email will be sent with instructions on how to get started and select the venue you wish to attend. The course codes are Day 1: NR22842, Day 2: NR22844.

There will be no cost to the participant other than them acquiring their WWCC prior to attending the training. Tea and coffee will be available throughout the day. Participants are to provide their own morning tea and lunch.

Further information can be provided by contacting the SAS Staff Reference Group (SRG) Coffs Harbour on (02)6623 5911 or by email at <u>SRGCoffsHarbour@det.nsw.edu.au</u>

#### **Uniform Requirements 2018**

#### School uniforms as shown below will be supplied by Lowes located in the Lismore Square, Lismore.

GIRLS	BOYS
Junior School Uniform	Junior School Uniform
<ul> <li>White, red or grey Richmond River logo polo shirt</li> <li>Black skirt, plain black mid thigh length shorts or long pants</li> </ul>	<ul> <li>White, red or grey Richmond River logo polo shirt</li> <li>Plain black shorts of an appropriate length or long pants</li> </ul>
Senior School Uniform	Senior School Uniform
<ul> <li>White, red or grey Richmond River logo polo shirt</li> <li>White buttoned senior shirt (and tie on formal occasions)</li> <li>Black skirt, plain mid thigh length black shorts or long pants (Tights are not acceptable)</li> </ul>	<ul> <li>White, red or grey Richmond River logo polo shirt</li> <li>White buttoned senior shirt (and tie on formal occasions)</li> <li>Plain black shorts of an appropriate length or long pants</li> </ul>
Sport Uniform Junior	Sport Uniform Junior
<ul> <li>Red polo shirt</li> <li>Plain black mid thigh length shorts or black sport shorts (Tights are not acceptable)</li> <li>Special note: Students are required to change for PE lessons and change back to regular school uniform for remaining lessons</li> </ul>	<ul> <li>Red polo shirt</li> <li>Plain black shorts of an appropriate length or black sport shorts</li> <li>Special note: Students are required to change for PE lessons and change back to regular school uniform for remaining lessons</li> </ul>
Winter Uniform Junior and Senior	Winter Uniform Junior and Senior
<ul> <li>White or grey Richmond River logo polo shirt</li> <li>White buttoned senior shirt (and tie on formal occasions)</li> <li>Plain black long pants or black jeans</li> <li>Black skirt, plain mid thigh length black shorts (Tights are not acceptable)</li> <li>Red Richmond River jumper</li> <li>Plain black, grey or red jumper or cardigan</li> <li>Years 11/12 designed school jumper or jacket</li> </ul>	<ul> <li>White or grey Richmond River logo polo shirt</li> <li>White buttoned senior shirt (and tie on formal occasions)</li> <li>Plain black long pants or black jeans</li> <li>Plain black shorts of an appropriate length</li> <li>Red Richmond River jumper</li> <li>Plain black, grey or red jumper</li> <li>Years 11/12 designed school jumper or jacket</li> </ul>

#### Please note:

Tights, black T-shirts, singlets, tank tops, shirts with slogans, midriff tops, torn/ ripped clothing or shorty shorts are not acceptable for school.

#### Please Note:

Work Health and Safety laws (2012) require all students working in a Technology practical classroom, Science labs and some CAPA classrooms to wear enclosed sturdy leather shoes. Students may not be able to participate in some activities in these practical classrooms if they are in canvas shoes.