

RICHMOND RIVER HIGH CAMPUS NEWSLETTER



THE RIVERS
SECONDARY COLLEGE

Lake Street North Lismore NSW 2480

T 02 6621 3456 F 02 6622 2928

E richmondri-h.school@det.nsw.edu.au

www.richmondri-h.schools.nsw.edu.au

2018 | ISSUE 20 | TERM 2 | WEEK 10

Principal's News

Well here we are at the end of Term 2! It has been another busy term at RRHC. It is a pleasure to be part of all the great things that happen at our school and to work with such wonderful staff and students.

The NAIDOC Formal Assembly was a celebration of Indigenous women as leaders, trail blazers, politicians and social change advocates. We were lucky enough to have Auntie Kylie Caldwell as our keynote speaker who gave us an insight into the women who influenced her growing up.

Congratulations to the senior students who received awards at yesterday's Senior Academic Awards Assembly. It is a reflection of your hard work and commitment to your studies.

Year 12, I hope you have a great holiday. Take some time to relax but also take some time for revision of your Year 12 studies in preparation for your last term of high school.

I look forward to seeing you all refreshed and ready to engage in Term 3 and all the wonderful activities that are planned.

Have a happy and safe holiday.

Mary-Jane Pell
Principal



REMINDER:

Term 3 commences for students on Tuesday 24 July 2018

Deputy Principal's News

Hello RRHC community,

It has been a very busy term with lots of sporting and extra-curricular activities including the Cross Country, Athletics Carnivals, field trips for specific classes, NAIDOC Week, and various other activities. So much opportunity is provided at RRHC for students to achieve success both academically, culturally and in personal passions. It is important to acknowledge the hard working teachers and support staff that make these events possible and who go above and beyond for the students at RRHC.

Year 12 students, please ensure that you have a break over the holidays but take some time to review your work to date and make a plan for how to make the most of next term in your final term of Year 12. Embrace any support you have and take advantage of offers of assistance from teachers, as we want you to do the best you possibly can.

Year 10 students, thank you for the mature way you approached the subject selections and the interviews. As you hear regularly; "this is your HSC and your future." We will inform you of the subject lines when they are finalised and we will discuss subjects with students at this point.

A big thankyou to Belinda Marr who has been an excellent Acting Deputy Principal to work with over the term, and to all the Head Teachers, Teachers and Support Staff who have supported the students through this term.

Have a safe and relaxing holiday, enjoy yourself, and to end with an inspirational quote from the great Dr Seuss - *"Oh the things you can find, if you don't stay behind!"*

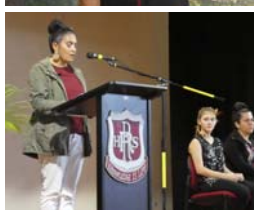
Luke Woodward
Deputy Principal

NAIDOC Formal Assembly - "Because of her, we can!"

On Wednesday we celebrated NAIDOC with a Formal Assembly. Deserae Dalu led the Assembly and gave the Acknowledgement of Country; Belle-Rose led the National Anthem. Kylie Caldwell gave an inspirational keynote address about the important women in her family, in particular her grandmother who raised a family in the Tabulam area, during the time that governments had paternalistic and assimilation policies in place. Kylie's grandmother's resilience and persistence continues to influence a large extended family today. Ms Pell, Principal, spoke of Peggy Napaljarri Brown OAM, and her influence on the Yuendumu community, in Central Australia. By setting up a program to stop petrol sniffing, she has improved the lives of many. The RRHC Staff Band then performed Midnight Oil's song "Truganini" recognising her life and work. The Rivers Aboriginal Performing Arts Ensemble then performed their new work "The Kingdom". Well done to all in the Assembly for being respectful and showing your appreciation to our guests.

After the assembly Uncle Gilbert performed a smoking ceremony with our Indigenous students. They then attended workshops with Kylie (weaving) and Blake (acknowledging female role models), and played sport with Anna from The Broncos.

Mirryndah Nixon
Aboriginal Education Officer



Senior Academic Awards Assembly

Yesterday we held our Semester One Senior Academics Awards Assembly. Our School Captain, Mary-Rose MacDonald, gave the keynote address. Mary-Rose spoke about her recent trip to Sydney for a School Leadership Program and how this led her to thinking about what makes someone successful. After talking with all sorts of dignitaries she learned the common theme to success was the ability to learn from mistakes and to keep going, something we can all aspire to do. Thank you to the senior music students for their performances. Well done to the Year 12 Dance students Kiarra and Jakira who performed their HSC work, two very skilful dancers.

Year 12 Major Award Recipients

Overall Academic Excellence Award for Semester 1 - Arundhati Gotz

Overall Academic Achievement Award for Semester 1 - Savannah Smith, William Hall and Sophie Mills

Year Adviser's Award for Diligence & Application to Studies - Jodi Morris

Year 11 Major Award Recipients

Overall Academic Excellence Award for Semester 1 - Chloe Mills

Overall Academic Achievement Award for Semester 1 - Alinta Ahrens, Kei Winmill and Indigo Keszler

Year Adviser's Award for Diligence & Application to Studies - Eve Robinson

Congratulations to the students, who received awards, and well done to all who have made a commendable effort.



Year 12 Hospitality – Rustic Australian restaurant

Congratulations Year 12, the restaurant you created on 28 June was an outstanding success with forty-eight parents, friends and staff enjoying your cooking. Well done, Astrid, Nathan, Annie, Claudia, Ellie, Grace, Casey, Lachlan, Jasper and Jodi.

The restaurant was the culmination of all the skills and practices Year 12 have learned throughout their course. The effort of the students was reflected in the delicious food, fantastic team work, the positive atmosphere and exceptional service. Thank you to Mrs Purcell, Mrs Wraight and the Year 11 Hospitality students who assisted to create such a memorable dining experience.



Filtering for the future

On Thursday 28 June, Year 7 Science classes 7-5 and 7-2 were shown how our drinking water is separated at the Nightcap Water Treatment Plant as a part of their Separating Mixtures unit. Andrew Logan and Rhys Oates from Rous County Council kindly donated their time to share the story of the treatment plant and how it provides over 40 million litres of water every day to the Northern Rivers region. They also performed some hands on demonstrations modelling some of the separating processes.

Thank you Andrew and Rhys for volunteering your time to educate some keen RRHC students.

Scott Hogden
Science Teacher



Performing Arts Ensemble – debut “My Kingdom”

The Rivers Performing Arts Ensemble debuted their 2018 NAIDOC performance "My Kingdom" at Lismore High's NAIDOC Assembly on Monday 2 July. They were proud, powerful and deadly!! Well done to Deserae Dalu representing RRHC.

Photo credit: Andrew Piper, HT The Rivers Secondary College.

Elise Dessmann
Ensemble Coordinator



Links to Learning - The Clubhouse - Lismore

The Clubhouse school program is open to Year 8 students and runs one day a week over a semester. Richmond River had ten students participate in Semester One. The Clubhouse school program focuses on providing students with hands on experience in the areas of Creative Arts, Music and the 'STEM' fields: Science, Technology, Engineering and Math. Young people are mentored to develop their passions through projects that inspire self-expression and technological know-how. The Clubhouse approach to learning leverages technology to empower young people from all backgrounds to become more capable, creative, and confident learners. As part of the program, students attend a number of locally significant landmarks where they learn about the relevance and history of the area. The final excursion this semester was to Minyon Falls.

The Youth Connections Clubhouse is a creative and safe out-of-school Tech Space for young people aged 12-18 years. Open and FREE for drop-in, 3.30pm to 6.00pm Monday to Friday during School Term, The Clubhouse is co-located on the ground floor of the Northern Rivers Conservatorium in Keen Street, Lismore.

Ellie Stinson

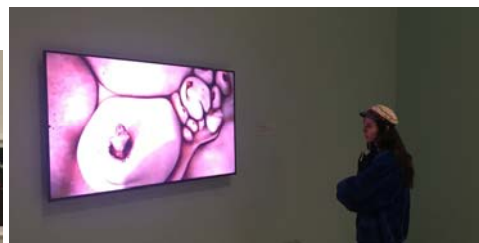
Acting HT Learning Support and Welfare



Visual Arts students visit GOMA & Qld Art Gallery

Forty Year 9-12 Visual Arts students went to the Gallery of Modern Art and Queensland Art Gallery in Brisbane, on Tuesday 3 July. We saw works from Patricia Piccinini's 'Curious Affection' exhibition and Tony Albert's exhibition 'Visible'. It was a fantastic experience learning about two very different contemporary Australian artists!

Ms Rebecca Simpson
CAPA Teacher



Year 12 Chemistry

On 28 June the Year 12 Chemistry class went on an excursion to the Nightcap Water Treatment Plant and the Environmental Analysis Laboratory (EAL) at SCU.

We would like to thank Mr Ben Hildebrand from Rous Water, a former Richmond River High student, for a very informative tour of the water treatment plant and Mr Graham Lancaster for the great tour of EAL.

I would like to congratulate the students not just for their exemplary behaviour but also their questioning and keen interest.

Pauline Macleod
Science Teacher



Opportunity for Grace and Ellie

Grace and Ellie, Year 12 Business Studies and Hospitality Students, will travel to the Blue Mountains to participate in the Career Focus Day Program at the Blue Mountains International Hotel Management School. They will get the opportunity to live life as a student for two nights and experience the world of the hospitality industry and what it would be like to study at the award winning hotel school. They will also participate in behind the scenes tours of some 5 star hotels in Sydney which will be excellent support for their Hospitality and Business Studies courses at school. These places in the career focus day program have been provided by Blue Mountains International Hotel Management School as scholarships and we thank them for the ability to provide such great opportunities to our students.

Elizabeth Perry
Business Studies
teacher & Alumni
of Blue Mountains
International Hotel
Management
School



NAIDOC - Oztag

Isaac named best and fairest

This week RRHC students competed in the NAIDOC Oztag Cup at Kadina. Isaac Anderson was named the best and fairest player of the day. The team made up of mostly juniors competed hard and lost some close games. Well done Shane, Jordan, Hayley, Slade, Isaac, Ashanti and Natoka.

Dean Marshall
Coach



Year 7 - History

During Term 2 Year 7 have been studying Ancient China. The students have learned about several of the earliest dynasties of Ancient China. Students also studied some of the personalities of Ancient China. The personalities included Confucius, Laozi and Qin Shi Huangdi. Through studying Huangdi, students learnt about the creation of the army of terracotta warriors in his tomb at Xian. This learning culminated in the students spending the last week of term creating their own terracotta warrior out of play dough and plasticine. Warriors by Jayden, Lucy, Sina and Ruby.

Year 7 History teachers



Zone Athletics Carnival - Brooke and Caitlin champions

Congratulations to all of the athletes who competed in the Zone Athletics Carnival. A special mention to Brooke who was named 12 year old female champion and Caitlin the 13 year para athlete champion!

The other athletes who will have the opportunity to compete at Coffs Harbour on Thursday 9 August are Jazmin Bertuzzi, Jodi Morris, Jessica McKie, Sean McGrath, Alinta Ahrens, Malakai-Bailey Lawlor, Joe Pritchard, Lexi Daly, Yazmin Harvey, Noah Allen, Jayden Power, Jesse Cocks, Lachlan Wallace and Liam Stockwell.

Emma Turner
PDHPE Teacher



Sports Choices Term 3

Sport selection will take place on Tuesday 24 July. Some sporting choices have a fee. There is a limit on how many students can attend each sport and you are not guaranteed to get your first preference. The options available are as follows: basketball - free, boxfit - free, canoeing - \$20, dance - \$30, fishing - \$40, lawn bowls - \$35, netball - \$35, oz tag - free, skating - \$50, skateboarding - \$35, soccer - free, ten pin - \$100, tennis - \$TBC, theatre sports - free, volleyball - free, walking - free and yoga - free. These sports will run from Week 4 of Term 3 through to Week 3 of Term 4.

Emma Turner
PDHPE Teacher

Rivers College softball

Well done to Jasmine, Nikiesha and Sharmeeeka who represented RRHC in The Rivers Secondary College team. They competed at the NSW Combined High Schools Carnival at Newcastle last week.



BUNDJALUNG WARRIORS FC

PLAYER INVITATION

Support indigenous participation in sport
Celebrate Aboriginal & Torres Strait Islander culture and sport
 Share in the success of the national indigenous sporting event
Contribute to the growth and development of Football in Aboriginal & Torres Strait Islander communities

Proudly representing the Bundjalung Nation, the Bundjalung Warriors Football Club have entered both male and female teams into the 3rd Annual National Indigenous Football Championships to be held in Logan, QLD from the 8th - 10th of November 2018. This is one of the best sporting events for indigenous communities across Australia.

The newly founded, Bundjalung Warriors FC invites all indigenous players in the north coast and northern rivers region to participate in the highly anticipated sporting event this year.

"Being an Ambassador for the inaugural National Indigenous Football Tournament is a great honour and I hope to inspire other Aboriginal people to set goals and follow their dreams in a sport that has given me some great opportunities, friendships and experiences." Kyah Simon, Australian Sticker for the Matildas

As a Bundjalung Warrior, players will be given the **opportunity** to:

- Participate in a growing National competition that will see players have the opportunity to showcase their talent.
- Be broadcasted across various media coverage - including NITV (live coverage), FOXSports, social media and print media throughout the course of the tournament
- Be selected in a national representative team that will:
 - compete against Brisbane Roar FC
 - compete against international opponents
 - be coached and mentored by the current Australian Socceroos coach
 - allow players to gain exposure on a national level.
- Join many other teams from Aboriginal nations as we come together to share in the world game and celebrate culture, language, family and community

As a member of the side, players will receive playing uniforms and club polo. Sponsorship and fundraising will be carried out to ensure the cost to our players is kept to a minimum.

Interested? Be part of the Bundjalung Warriors FC community and join us and share in this years National Indigenous Football Championships. Please contact Todd Jones on 0431 410 575 or Shayne Smith on 0421 742 69

The Mobile School Dentist

will be visiting RRHC next term, 24-27 July. Permission forms have been sent home with students. Dentists will be carrying out an initial check of students' teeth, along with a clean and remineralisation. The dentists will be in phone contact with parents at the time of examination. Most students will be eligible to have their visit bulk billed. If you have any questions, please call the Mobile School Dentist contact number 02 9017 6751.

Ellie Stinson
Acting HT Learning Support and Welfare

Mobile SCHOOL DENTIST

Visiting soon.

Phone - (03) 9323 9607
 Address - 387 Barry Rd. Dallas VIC 3047
 Email - info@mobileschooldentist.com.au

CALENDAR

**School resumes for students on
Tuesday 24 July**

TERM 3 WEEK 1B

23 July - STAFF DEVELOPMENT DAY

24 July - STUDENTS RETURN

School Dentist visit

25 July

School Dentist visit

Rivers Rock Full Dress Rehearsal

26 July

School Dentist visit

Years 7 and 9 Parent/Teacher Night

Year 12 Maths Ext 2 Study Day

27 July

School Dentist visit

Griffith University visit

TERM 3 WEEK 2A

30 July

River Rock Full Rehearsal

31 July

River Rock Full Rehearsal

Year 12 Maths Ext 1 Study Day

Summerland Careers Expo

1 August

River Rock Full Rehearsal

2 August

Years 8 and 10 Parent/Teacher Night

River Rock Evening Performance

3 August

Safe on Social - Stage 5 & 6

River Rock Matinee Performance

River Rock Evening Performance

Saturday 4 August

River Rock Matinee Performance

River Rock Evening Performance



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www.richmondri-h.schools.nsw.edu.au

www.facebook.com/richmondriverhigh

Canteen: 6621 4890

We would like to respectfully acknowledge the Elders past and present of the Wiyabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

To view all current events at
Richmond River High Campus, please
refer to our Facebook page at:

[RRHC Facebook](#)

(you do not have to have an account on
Facebook to access our page)

Or alternatively go to our web site and click
on the link at the bottom of the page.

Please let us know if you have problems
accessing it.

To view The Rivers Secondary College

SMORE newsletter go to

<https://www.smore.com/1n9qd>

CANTEEN ROSTER

23 July - Staff Development Day

24 July - Help needed

25 July - Meryl Condon

26 July - Dorothy Tan

27 July - Fiona Spencer

If you can help, please phone
Kathy Claydon on 6621 4890.

From the Canteen

If anyone has an
abundance of fresh
fruit and would like to
donate it to our
Canteen, it would be
greatly
appreciated.



Canteen Specials Week 1 Term 3

Monday 23 July

STAFF DEVELOPMENT DAY - NO STUDENTS

Tuesday 24 July

Pulled beef or Bean tacos - \$6 each



Thursday 26 July

**Chicken cacciatore or Vegetable medley with rice -
Small \$5, Large \$7**

Friday 27 July

**Lamb or Vegetable red curry and rice -
Small \$5, Large \$7**



QUOTE OF THE DAY

*"Fall seven times, stand up eight."
(Japanese proverb)*



THE RIVERS SECONDARY COLLEGE

RICHMOND RIVER HIGH CAMPUS

The heart of secondary education for Lismore

PRINCIPAL Mary-Jane Pell

Lake Street, North Lismore NSW 2480

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E richmondri-h.school@det.nsw.edu.au

W www.richmondri-h.schools.nsw.edu.au

Nationally Consistent Collection of Data on School Students with Disability

Notification for Parents and Carers

All Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the *Disability Discrimination Act 1992* and *Disability Standards for Education 2005*. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education is provided in such a way that it cannot be used to identify any individual student or school.

General information about the national data collection can be found on the Australian Government Department of Education and Training [website](https://www.education.gov.au/what-nationally-consistent-collection-data-school-students-disability) at <https://www.education.gov.au/what-nationally-consistent-collection-data-school-students-disability>

Privacy Protection

The NSW Department of Education follows the requirements of the *Privacy and Personal Information Protection Act 1998* and the *Health Records and Information Privacy Act 2002*. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students' personal details will be kept confidential.

Under Clause 52 of the Commonwealth *Australian Education Regulation 2013*, data collected by the NSW Department of Education for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth *Privacy Act 1988* when handling any data provided by NSW Department of Education in connection with the national data collection. A public information notice has been developed to by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department's [website](https://www.education.gov.au/what-nationally-consistent-collection-data-school-students-disability) at <https://www.education.gov.au/what-nationally-consistent-collection-data-school-students-disability>

If you have any questions about the data collection please do not hesitate to contact Head Teacher Learning Support – Ellie Stinson

Uniform Requirements 2018

School uniforms as shown below will be supplied by Lowes located in the Lismore Square, Lismore.

GIRLS	BOYS
<i>Junior School Uniform</i>	<i>Junior School Uniform</i>
<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt Black skirt, plain black mid thigh length shorts or long pants 	<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt Plain black shorts of an appropriate length or long pants
<i>Senior School Uniform</i>	<i>Senior School Uniform</i>
<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Black skirt, plain mid thigh length black shorts or long pants (Tights are not acceptable) 	<ul style="list-style-type: none"> White, red or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black shorts of an appropriate length or long pants
<i>Sport Uniform Junior</i>	<i>Sport Uniform Junior</i>
<ul style="list-style-type: none"> Red polo shirt Plain black mid thigh length shorts or black sport shorts (Tights are not acceptable) <p><i>Special note: Students are required to change for PE lessons and change back to regular school uniform for remaining lessons</i></p>	<ul style="list-style-type: none"> Red polo shirt Plain black shorts of an appropriate length or black sport shorts <p><i>Special note: Students are required to change for PE lessons and change back to regular school uniform for remaining lessons</i></p>
<i>Winter Uniform Junior and Senior</i>	<i>Winter Uniform Junior and Senior</i>
<ul style="list-style-type: none"> White or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black long pants or black jeans Black skirt, plain mid thigh length black shorts (Tights are not acceptable) Red Richmond River jumper Plain black, grey or red jumper or cardigan Years 11/12 designed school jumper or jacket 	<ul style="list-style-type: none"> White or grey Richmond River logo polo shirt White buttoned senior shirt (and tie on formal occasions) Plain black long pants or black jeans Plain black shorts of an appropriate length Red Richmond River jumper Plain black, grey or red jumper Years 11/12 designed school jumper or jacket

Please note:

Tights, black T-shirts, singlets, tank tops, shirts with slogans, midriff tops, torn/ ripped clothing or shorty shorts are not acceptable for school.

Please Note:

Work Health and Safety laws (2012) require all students working in a Technology practical classroom, Science labs and some CAPA classrooms to wear enclosed sturdy leather shoes. Students may not be able to participate in some activities in these practical classrooms if they are in canvas shoes.

Are you a young carer?
Are you the major provider of care for:
• A parent
• A partner
• A child
• A relative or friend
With a chronic illness, disability, mental illness, alcohol or other substance dependence, or who is frail aged?
We may be able to help you!
The staff at the Commonwealth Respite & Carelink Centre will talk with you and your family about how we may be able to support you.

YOUNG CARERS PROJECT
This project supports students 18 years and under who have a significant caring role to complete their secondary education.
Who can get help?
To receive assistance, you need to be:
• Aged 18 years and under
• Studying at school or completing secondary education at a vocational institution
• Caring for a friend or relative who has a chronic illness, disability, mental illness, alcohol or other substance dependence or who is frail aged
• Live in the North Coast region of NSW

What help can we provide?
Support provided is based on the needs of the young person. For example, we can provide short-term assistance with:
• Respite – a short break from your caring responsibilities to spend time on school work or other school activities
• Arranging tuition if you are falling behind in your school work
• Developing your study skills
• Some material resources such as school uniforms or school activities
• Attending school activities
• Referral to appropriate services

Freecall™ 1800 052 222
Calls from mobiles charged at applicable rates.

IDFA CIRCUS QUIRKUS 2018 Northern Rivers Show

The Immune Deficiency Foundation Australia are proud to present...

'Circus Quirkus'

We are hosting our annual Circus Quirkus for all our local special needs and disadvantaged children and their families and carers.

Tickets have been proudly sponsored by local businesses & are completely free

International Entertainment's CIRCUS QUIRKUS is a contemporary take on your favourite, traditional circuses of ages past. It is an eclectic and entertaining mix of Circus acts brought to you from all over the world. Internationally renowned Clowns, Jugglers & Acrobats deliver funny, hugely engaging and sometimes death-defying acts of unbelievable skill.

The show is suitable for audiences of all ages. The venue accommodates wheelchairs. Circus Quirkus does not use animals in its performances. Please see our FAQs on the Circus Quirkus website for more information.

www.circusquirkus.com.au

WHERE & WHEN

LISMORE WORKERS CLUB (231 KEEN ST, LISMORE 2480)
MONDAY, 9TH JULY (SCHOOL HOLIDAYS) – 6PM SHOW
(Show duration approx. 90 mins including interval)

For further testimonials please see our Circus Quirkus Facebook page
https://www.facebook.com/Circus-Quirkus-84240073079/posts_to_page/

For all enquiries please contact MICHELLE OR ANDRE.
PH/FAX: 1800 132 003 (free call)
PH/FAX: 1800 067 545 (free call)

JOIN SPORTS CAMPS AUSTRALIA THESE SCHOOL HOLIDAYS!

SCA JUNIOR SWIMMING CAMP IN LISMORE
TRINITY CATHOLIC COLLEGE
12 - 13 JULY 2018
9AM - 3PM
CO - ED
INTERMEDIATE - ADVANCED

1800 753 127
www.sportscampsaustralia.com.au

ENGAGING ADOLESCENTS

Free Parenting Program

How to have those 'tough conversations' with your teenager while deepening and strengthening your relationship.

TUESDAYS AUGUST 7, 14, 21 and 28, 2018
4 sessions – 10.00am to 12.30pm

bookings essential
PLEASE PHONE 6621 2489



VENUE:
44 URALBA STREET
WITHIN THE HALL
LISMORE

Evans Head Fishing Classic (EHFC)

Web site: www.evansheadfishingclassic.com.au

Date: 6-13 July

What is it: EHFC is the largest fishing comp of its kind in NSW with over \$100,000 of prizes including 2 boats for the main draws as well as hundreds of random prizes.

Highlight: This year sees a dedicated kids event on the weekend, 7 & 8 July with the Sunday being a major kids day with activities including fishing clinics, tutorials, kids random prize pool for entrants including bikes, TV's and other equipment, Kids fishing comps and plenty of other activities including face painting, jumping castles and more entertainment over the weekend. Plenty of entertainment and things to do make sure you get your children down there to have some fun!

To enter or find out more, visit the website above or phone Australian Fishing Tournaments (02) 6681 3988.



Dads and Men in The Fathering Role

Numbers are limited
parenting program for anyone taking on the fathering role

Topics include:
Child Development
Behaviour
Dads Changing Roles
Communication
Parenting Styles
Anger
De-stressing

Limited numbers, please contact Family Support Network Inc to be placed on our intake list.
6621 2489
30 Wyrallah Road E Lismore
Facilities - King

1-2-3 Magic Parenting Group



Who: For parents/carers of children 2-12 years.

When: August 9, 16, 23 and 30, 2018
(4 Thursdays) 10am to 12:30pm.

What: 123 Magic & Emotion Coaching is a free four session parenting course, designed to provide parents and carers with skills to prevent or manage common behaviour problems. The program also helps parents to build positive relationships with their children and explores ways to make parenting more enjoyable.

Where: 44 Uralba Street Lismore in the Hall

Childcare: If you'd like to arrange childcare while the group is on, please phone The Gingerbread House on 6622 1130 ASAP to reserve a place for your child.

Bookings: Places are limited, so please phone 6621 2489 to reserve your place. Morning Tea provided.

Family Support Network Inc.

Inspiring communities, families & children to connect, move & grow.

30 Wyrallah Road E Lismore
PO Box 236
Lismore NSW 2480
Phone: 02 6621 2489
Fax: 02 6621 2508
Email: info@fnsn.org.au

Puberty, Sexuality and Relationships:

A workshop for parents and carers of people with intellectual disability and autism spectrum disorders

Find out how to support your family member's personal development and sexuality in a positive way!



Come join the team at Family Planning NSW and our special guest speaker Liz Dore for an interactive workshop that will cover issues across the lifespan including:

- Disability and sexuality
- Preparing for puberty
- Decision making and safety
- Taking care of health and hygiene
- Supporting friendship and relationship development
- Supporting positive and safe sexual expression
- Tips for talking about sex and answering tricky questions

Parents, foster parents, relatives and other unpaid carers of people with intellectual disability and autism spectrum disorders of all ages are welcome.

Unfortunately we are unable to accept registrations from professionals for this event.

This forum is not suitable for children. We regret we are unable to provide respite/childcare.

Date:
Tuesday 24th July 2018

Time:
10am - 1pm

Venue:
Ballina RSL Club
1 Grant St. Ballina NSW 2478

Cost:
Free

Funded by nib Foundation



For more information:

Erin Donnelly
Family Planning NSW
P: 02 8752 4312
E: erin@fpnsw.org.au

School Leavers What's Next?



Are you aged 15-19, living in the Richmond-Tweed area and not in school or employment?

The Work It Out program can help you get the job you want.

What we offer

- Resume preparation and assistance with applying for work
- Assistance with developing self-confidence
- One-on-one mentoring for goal setting, career planning and job search skills
- Job interview training and pitching
- Financial assistance for addressing barriers to employment such as a driver's licence or work clothing – conditions apply
- No cost service to eligible young people

Check Out Our Website

Helpful information, links and resources for the next stage of your life.

www.workitout.org.au

Kim Telling
Telling, Kingsmill, Murrumbidgee
0468 996 638
kim.telling@connectar.com

Leanne O'Grady
Ballina, Byron Bay, Evans Head
0402 428 831
leanne.ogrady@connectar.com

Sue Ryan
Lismore, Casino, Kyogle
0477 883 256
sue.ryan@connectar.com

The WORK IT OUT program is funded by the NSW Department of Industry under the Regional VET Pathways.



Discover OPEN DAY 2018

Friday 27 July
Coffs Harbour campus

Saturday 28 July
Lismore campus

Sunday 29 July
Gold Coast campus