

RICHMOND RIVER HIGH CAMPUS NEWSLETTER



THE RIVERS
SECONDARY COLLEGE

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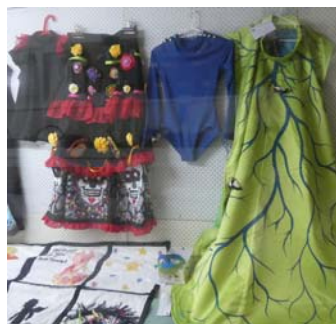
ISSUE 26 | TERM 4 | WEEK 2

Principal's News

This week I have had the extraordinary privilege of watching our young people in action in the community. Many, many of our students took part in the North Coast National Show and I was able to get over there and see most of them (or their hard work) in action. We had entries in Photography, Cooking, Textiles, Chook Art, Public Speaking, Showgirl and both the Schools and Open Steer competitions. Richmond River High Campus also had sessions on the stage to entertain the crowds, and both the musicians and the dancers were magnificent. To say we have done well is a complete understatement, our young people have excelled and I am immensely proud of them, as well as the hard working teachers who work tirelessly behind the scenes to make these experiences possible for our young people. Huge congratulations to everyone involved on the front line and behind the scenes. A special mention to Ms Jess Saye who took over the role of Show Co-ordinator for the school this year and did a wonderful job despite the fact it is a job where you very much have to learn 'on the job'!

The Higher School Certificate examinations are of course well under way and it seems our candidates are relaxed and in the groove of this milestone event. There were the usual hiccups but all seems under control now. Study hard Year 12 and of course you have our best wishes.

Mary-Jane Pell
Principal



Deputy Principals' News

Hello RRHC Community

It has been a very busy start to Term 4, with the HSC commencing this week, Year 11 students reflecting on their studies, and students preparing for the Show. Year 12 have completed a number of examinations and the sustained hard work put in by students will be reflected in their results that will be available from 14 December. This is a very stressful time for both students and parents. A quote for Year 12 and families - *'The best preparation for tomorrow is doing your best today.'* (H Jackson Brown Jr)

Students who applied for the School Captain roles presented speeches to all students last Friday. The candidates presented very polished and well thought out speeches. Congratulations to the students who demonstrated confidence and true leadership potential. The voting and counting will be finalised soon and students will be informed of the outcome.

There has been excellent representation of students from RRHC at the Lismore National Show. The students who participated in the musical performances were excellent last night and displayed the extraordinary talent in our school. The Cattle show team did an excellent job of showing the school steers and the results will be available from Saturday. Check out the RRHC Facebook page for some excellent photographs. A massive thank you to all staff who have worked tirelessly with all students to enter cooking, textiles, and art, and the Show Society for providing the opportunity for our school to showcase a wide range of our talented students work.

'Education is the most powerful weapon which you can use to change the world.' (Nelson Mandela)

Luke Woodward
Deputy Principal

I am pleased to have the opportunity to relieve as Deputy Principal again this Term in Mrs Williamson's position and welcome parent contact to discuss any concerns you may have in supporting students at RRHC. I am the 'go to' DP for Years 7, 9 and 11 and Mr Woodward covers Years 8, 10 and 12, however, we are both available at all times. We are committed to providing safe, supportive and responsive learning environments for everyone.

Congratulations to staff and students on a fantastic North Coast National show (check out our Facebook page for photos and reports). With some events and competitions still to be decided, our school has already achieved excellent results across a broad range of categories, highlighting the diversity of our curriculum and fantastic opportunities provided to our students.

Year 12 commenced their HSC Exams this week and we wish them the very best for the remaining two weeks. Ms Sulek has been supporting the students through this exciting but stressful time, while also busily organising the upcoming Formal. Parents can support their students by encouraging them to take regular breaks from study (about every hour), even if it is just for 5 minutes to stretch their legs and get some fresh air. Eating a healthy diet low in sugar helps to avoid 'rollercoaster' blood sugar levels and maintain energy. Removing all devices from the bedroom at night (recharge in the kitchen) as studies have shown the intermittent light from a phone or iPad, from updates, texts etc, can rouse you from deep sleep, causing tiredness and lack of focus the next day.

Next week's MUFTI day on Tuesday is a Halloween theme. This is a student initiative of the SRC to raise money for the many projects and wellbeing support they provide for the school. Everyone is looking forward to a dress up day. However, parents and students are reminded that excessive make-up or masks that hide a student's identity are not permitted and there will be no 'Trick or Treating'. Thank you for your cooperation in this matter.

My quote for the week comes from Will Rogers – *"Even if you are on the right track – you will get run over if you just sit there."*

Have a great weekend.

Louise Savins
Relieving Deputy Principal

Careers Adviser News



Southern Cross University

School Newsletter Information



Dear School Administrator,
Thank you for your ongoing valuable support in communicating the University's information to your school community through newsletters. Please find information for inclusion in your next school newsletter below or [click here](#) to download.
Should the opportunity arise to advertise in your newsletter or on your website please contact by email jenni.lyons@scu.edu.au. Regards, Jenni

Save the date: Southern Cross University Info Days

Planning on studying in 2018? Join us at the campus of your choice to explore, meet other students and talk to staff and student ambassadors about your course of interest and future career. More information at www.scu.edu.au/infodays

Coffs Harbour campus	4 December 2017
Lismore campus	5 December 2017
Gold Coast campus	7 December 2017
On-line Info Webinars	12 & 13 December 2017

Study Abroad with Southern Cross University

Southern Cross students make the world their classroom by undertaking Study Abroad programs. Study Abroad allows students to explore different cultures, make new connections and follow their passion. Study Abroad is available to all students who have successfully completed their first year of study and Scholarships are available to help make this happen. More information at www.scu.edu.au/studyabroad

Southern Cross Scholars 2018

To celebrate the launch of a new range of innovative degrees, Southern Cross University has an additional 40 new \$2,500 scholarships. The new \$100,000 scholarship program will not only help attract talented students to new programs, but also help create a cohort of student leaders ready to contribute to the University and the community.

Current Year 12 students commencing first year of University study in 2018 can apply for these new scholarships before 30 November at www.scu.edu.au/scholarships

From the Front Office

Due to the new NSW public schools Finance System we are unable to hold any money overnight and so we do not have any change for payments.

If possible when making payments for your student, can you please provide the correct money.

We apologise for any inconvenience caused.



School Stream App - Please download

Reminder to our RRHC community that we use the [School Stream](#) App. Parents, carers and students, please download the app to your mobile device to receive notifications about assessments, newsletters, emergency information and more.



iPhone / iPad iOS

1. From your mobile device go to the **App Store** search for **School Stream**
2. Tap the **FREE/GET** button to the right of the School Stream listing
3. Tap the **INSTALL** button
4. Enter your Apple ID and password & tap **OK**
5. Wait for the install icon to change to **OPEN**
6. Tap the **OPEN** button
7. You will be prompted to accept push notifications, you will need to select **OK**
8. Start typing **your school** into the search then **SELECT your school**



If you are viewing this page on your mobile device, visit the store link below.



Windows Phone/Other Devices

Contact your school for your web link, and follow these instructions:

To pin a website on your **Windows Phone**:

- Open the website you want to pin
- Tap More icon, then tap Pin to Start

You will be able to access all of your school's information, however you won't be able to receive notifications.

Note: Some devices may vary please follow your usual installation procedure for downloading and installing an app to your device.



Android / Tablet

1. From your mobile device go to the **Play Store** search for **School Stream**
2. Tap the School Stream listing
3. Tap the **INSTALL** button
4. Tap the **ACCEPT** button
5. Wait for the app to install then tap the **OPEN** button
6. Start typing **your school** into the search then **SELECT your school**
7. Tap the **DONE** button in the top left



If you are viewing this page on your mobile device, visit the store links below.



Other useful information

Troubleshooting tips

[Follow this link.](#)

Are your children attending different schools?

Don't worry, School Stream caters for multiple schools from within the app itself. Jump between your children's schools by touching the school logo/name, or switch schools from the slide-in menu.

Choose which notifications you receive:

1. Open the School Stream app on your mobile device
2. From the slide-in menu, go to Settings
3. Under Edit/Alerts select My Schools and select your School to open the Notifications page
4. Toggle notifications on or off individually (e.g. Alerts, Events, Newsletters, etc.)
5. When you have finished, use the Back button to return to the Settings page, then select Done to return to your School
6. Return at any time to change the notifications you receive.

CALENDAR

TERM 4 - Week 3A

HSC Examinations

23 October

TAFE Youth Engagement Program
HSC Business Studies Zentfeld Coffee
Visit

U14s Girls Futsal

24 October

TAFE Youth Engagement Program
U14s Knockout Cricket
Beach Volleyball

25 October

TAFE Youth Engagement Program

26 October

TAFE Youth Engagement Program
Year 9 Peer Support Training
AIME Years 7-8 Mentoring Day

27 October

TAFE Youth Engagement Program
Year 9 UniBound SCU Campus

CANTEEN ROSTER

23 October

Help needed

24 October

Help needed

25 October

Meryl Condon

26 October

Dorothy Tan

27 October

Kerri-Anne Cawley

If you can help, please phone
Kathy Claydon on 6621 4890.



RICHMOND RIVER HIGH CAMPUS

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E richmondri-h.school@det.nsw.edu.au

www.richmondri-h.schools.nsw.edu.au

www.facebook.com/richmondriverhigh

Canteen: 6621 4890

We would like to respectfully acknowledge the Elders past and present of the Wiyabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

To view all current events at
Richmond River High Campus, please
refer to our Facebook page at:

[RRHC Facebook](#)

(you do not have to have an account on
Facebook to access our page)

Or alternatively go to our web site and click
on the link at the bottom of the page.

Please let us know if you have problems
accessing it.

Canteen Specials Week 3

Monday 23 October

Salad bar

Tuesday 24 October

Roast beef rolls with gravy and coleslaw - \$6



Thursday 26 October

Penne Bolognese or Pesto pasta - \$5 or \$7



Friday 27 October

Salad bar

Small serve \$4 Large serve \$6
(unless otherwise stated)

QUOTE OF THE DAY

*"Success is the sum of small
efforts, repeated day in and
day out"*
(Robert Collier)

From the Canteen
If anyone has an abundance of
fresh fruit and would like to
donate it to our Canteen, it
would be greatly appreciated.





Youth Participation Survey We need your help!

We know young people in Australia have a lot to say about their country and those issues they're passionate about. However, they don't always get the chance to be heard.

To help make sure Kids Helpline stays relevant, we'd like to learn how we can involve young people in the planning and delivery of our services to make a real difference.

How can you help?

The first stage of our consultation process is a short survey for young people and we need your help to spread the word! Perhaps it's a mention in a newsletter, a post on Facebook or a group activity. To help make it easy, we've created artwork for you to use on the link below.

As an incentive for young people - they'll go in the draw to win a \$50 gift voucher for their participation.

With your help, we hope Kids Helpline will be able to make an even bigger difference in the lives of young people.

[DOWNLOAD THE ARTWORK](#)

[CHECK OUT THE SURVEY](#)

Kids Helpline is a service of yourtown, we give children and young people choices, support and someone to listen.



SCU Robotics Club

RoboSumo

Workshop/Challenge

24 November 2017

Engineering Block K

SCU Lismore

9.30am-2.30pm

Southern Cross University Robotics Club will be holding a School's Workshop to prepare beginning and continuing students for the RoboSumo Challenge.

The Southern Cross University has generously donated a trophy for this event.

Jim McInerney

0404090371

james.mcinerney@scu.edu.au



Have a voice...turn ideas into action

Young Women's Leadership

Planning events for the
Lismore Women's Festival 2018



Workshop Dates

Wednesdays
4pm - 6.30pm

Oct 11 - Leadership

Oct 25 - Ideas

Nov 8 - Actions

Nov 22 - Plans

Dec 8 - Celebrate

Are you 16 to 24 years old?

Be part of community of women who make things possible

Contact - Kylie McKenzie
M 0498 023 690

[f](#) Young Women's Leadership Initiative Lismore
YWCA NSW 101a Rous Rd, Goonellabah





ONE VISION PRODUCTIONS
CREATIVE HUB
PRESENTS

4 WEEK MUSIC PRODUCTION COURSE

OVER 4 WEEKS, STUDENTS LEARN THE ART OF
ELECTRONIC MUSIC PRODUCTION WITH ONE OF
AUSTRALIA'S LEADING PROGRESSIVE/
PSY-TRANCE PRODUCER'S - **TETRAMETH**

NOVEMBER 2 TO NOVEMBER 23
EACH THURSDAY 5PM - 7PM
4/10 WOLLONGBAR STREET, BYRON BAY ARTS AND
INDUSTRIAL ESTATE, BYRON BAY NSW
COST \$400
RESERVE YOUR PLACE EMAIL:
INFO@ONEVISIONPRODUCTIONS.COM.AU
LIMITED SPACES AVAILABLE

RICHMOND RIVER HIGH CAMPUS

CAN YOU HELP?

FRIENDS OF RRHS.
CAN YOU SPARE 2 HOURS
FROM YOUR DAY
TO HELP IN THE CANTEEN?

**EVERY LITTLE
BIT COUNTS**

CALL KATHY CLAYDON ON
6621 4890

Knit & Chat



**Wednesday Lunch in
Library**

ALL Welcome


In support of "Wrapped With Love" charity

ATTENTION

All Parents/Carers

LOWES

You can purchase school uniforms
online from Lowes.
It is free delivery for orders over \$100
and you can exchange sizes at the shop
if needed. The website is -
www.lowesschoolwear.com.au

 **THE RIVERS
SECONDARY COLLEGE**

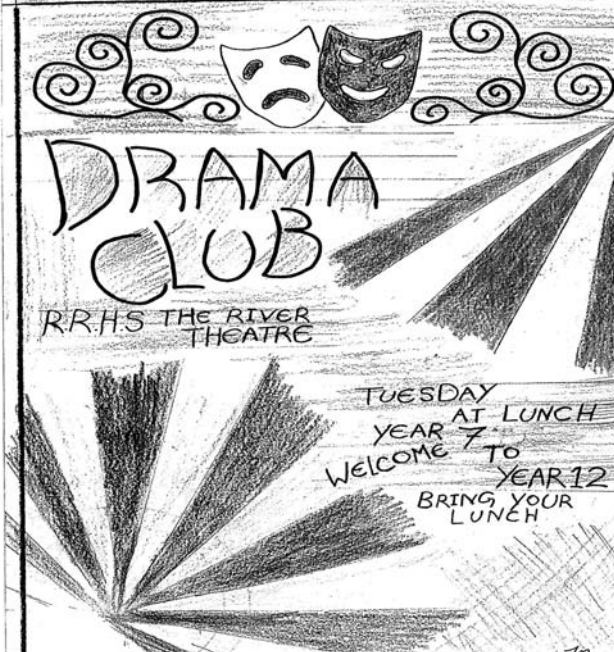
**Breakfast
Club
Every day
8.15-8.50am
Chill Out
Room**

**START YOUR
DAY RIGHT AT
BREAKFAST
CLUB**

**Breakfast
Club
Every day
8.15-8.50am
Chill Out
Room**

**Attention all Parents
and Carers**

Our newsletter is published every Friday
and is uploaded onto our website:
www.richmondri-h.schools.nsw.edu.au
and emailed to parents whom we have
received their email addresses. We do not
provide paper copies unless specifically
requested by parents and the students
need to come up to the Library to collect a
paper copy at 3.15pm on Friday
afternoons.



**DRAMA
CLUB**

RRHS THE RIVER
THEATRE

**TUESDAY
YEAR 7
WELCOME TO
YEAR 12
BRING YOUR
LUNCH**

Need someone to talk to?

CALL:
Kids HELPLINE 1800 551 800
Lismore HEADSPACE 6625 0200
Mental Health Line 1800 011 511
Beyond Blue 1300 789 978