

Task Number	2	Task Name	Survival Swim and Rescue
Course	Sports Lifestyle and Recreation	Faculty	PDHPE
Teacher	C. Adams & D. Rose	Head Teacher	J. Eakin
Issue date	Week 6, Term 1, 2024	Due date	Part A: Week 10, Term 1, 2024 Part B: Week 8, Term 1, 2024 during swimming lessons
Focus (Topic)	Aquatics	Task Weighting	25%

Outcomes

- 3.6 assesses and responds appropriately to emergency care situations
- 4.2 demonstrates leadership skills and a capacity to work cooperatively in movement context
- 4.4 demonstrates competence and confidence in movement contexts

Task description

Part A – Unit Booklet

Students are required to complete the activities in the ***Royal Life Saving Bronze Medallion Student Workbook*** and submit their booklet to their teacher.

Part B – Survival Swim & Rescue Practical Assessment

Students are required to attend a pool session at SCU gym and pool during week 8 in timetables SLR classes and they will be formally assessed on their practical Survival Swim and Rescue skills.

Students will be required to demonstrate their ability to:

1. Swim 100m in 2 different survival stroke. (survival backstroke and survival side stroke)
2. Perform safe entries and exits, along with demonstrating a range of survival strokes and effectively treads water and floats when signaling for help and waiting for a rescue
3. Select and perform correct technique in a range of rescues: out-of-water with and without a device and one on one contact with and without a device
4. Perform 2 rescue attempts. 1 water rescue and 1 dry land rescue.

Marking Guidelines

Part A Unit Booklet – 30 Marks

- Students demonstrate judgment and knowledge of the components of water rescue education and training.
- Student completes all 30 questions and activities included in the *Royal Life Saving Bronze Medallion Student Workbook*

Part B Survival Swim & Rescue Practical Assessment – 70 Marks

- Students selects and applies judgement and knowledge to safety respond to a range of emergency scenarios in different water environments and conditions
- Students demonstrate specific skills and adequate fitness when performing a rage of entry and exits, survival strokes as well as treading water and floating when signaling for help and waiting for a rescue
- Students accurately select and perform correct technique in a range of rescues *e.g. Out-of-water with and without a device and one on one contact with and without a device*
- Students follows the first responder steps of the First Aid procedure, making judgements, practical assessment and treatments for casualties in water environments

Year 12 SLR Assessment Task #2 Survival Swim & Rescue Marking Criteria

Student Name: _____

Total Mark/Grade: _____

Part A- Unit Booklet	
Marking Guidelines	Mark/Grade
<ul style="list-style-type: none"> • Demonstrates insightful judgement and displays extensive knowledge of the components of water rescue education and training. • Completes all 30 questions and activities included in the <i>Royal Life Saving Bronze Medallion Student Workbook</i> to an outstanding standard. 	A 25-30
<ul style="list-style-type: none"> • Demonstrates excellent judgement and displays thorough knowledge of the components of water rescue education and training. • Completes all 30 questions and activities included in the <i>Royal Life Saving Bronze Medallion Student Workbook</i> to a high standard. 	B 16-24
<ul style="list-style-type: none"> • Demonstrates mostly clear judgement and displays sound knowledge of most of the components of water rescue education and training. • Completes most of the 30 questions and activities included in the <i>Royal Life Saving Bronze Medallion Student Workbook</i> to a sound standard. 	C 8-15
<ul style="list-style-type: none"> • Sketches general judgement and displays basic knowledge of some components of water rescue education and training. • Completes some of the 30 questions and activities included in the <i>Royal Life Saving Bronze Medallion Student Workbook</i> to a basic standard. 	D 3-7
<ul style="list-style-type: none"> • Displays limited knowledge of some components of water rescue education and training. • Makes minimal attempt to complete questions and activities included in the <i>Royal Life Saving Bronze Medallion Student Workbook</i>. Or, • Did not complete booklet to a satisfaction level or fails to submit booklet by the due date. 	E 0-2 N Award

Part B- Survival Swim & Rescue Practical Assessment	
Marking Guidelines	Mark/Grade
<ul style="list-style-type: none"> • Selects and applies insightful judgement and extensive knowledge to safety respond to a range of emergency scenarios in different water environments and conditions. • Demonstrates an outstanding level of skill acquisition and fitness when performing a range of entry and exits, survival strokes as well as treading water and floating when signaling for help and waiting for a rescue. • Accurately selects and performs correct technique in a range of rescues <i>e.g. Out-of-water with and without a device and one on one contact with and without a device</i> to an outstanding level. • Follows the first responder steps of the First Aid procedure, by making outstanding and consistent judgements, practical assessment and treatments for casualties in water environments. 	A 56-70
<ul style="list-style-type: none"> • Selects and applies excellent judgement and thorough knowledge to safety respond to a range of emergency scenarios in different water environments and conditions. • Demonstrate specific skills and displays excellent fitness when performing a range of entry and exits, survival strokes as well as treading water and floating when signaling for help and waiting for a rescue. • Accurately select and perform mostly correct technique in a range of rescues <i>e.g. Out-of-water with and without a device and one on one contact with and without a device</i>. • Follows the first responder steps of the First Aid procedure, by making consistent judgements, practical assessment and treatments for casualties in water environments. 	B 36-55
<ul style="list-style-type: none"> • Selects and applies mostly clear judgement and sound knowledge to safety respond to a range of emergency scenarios in different water environments and conditions. • Demonstrates most skills and displays adequate fitness when performing a range of entry and exits, survival strokes as well as treading water and floating when signaling for help and waiting for a rescue to a sound level. • Select and perform sound technique in a range of rescues <i>e.g. Out-of-water with and without a device and one on one contact with and without a device</i>. • Follows the first responder steps of the First Aid procedure, by making judgements, practical assessment and treatments for casualties in water environments with some inconsistencies or mistakes. 	C 16-35
<ul style="list-style-type: none"> • Basic attempt to safety respond to a range of emergency scenarios in different water environments and conditions. • Demonstrates basic level of skill acquisition and restricted fitness capacity when performing a range of entry and exits, survival strokes as well as treading water and floating when signaling for help and waiting for a rescue. • Basic attempt to perform some rescues <i>e.g. Out-of-water with and without a device and one on one contact with and without a device</i>. • Follows the first responder steps of the First Aid procedure, by making judgements, practical assessment and treatments for casualties in water environments with some inconsistencies or mistakes. 	D 6-15
<ul style="list-style-type: none"> • Limited attempt to respond to any emergency scenarios. With limited ability to perform water survival skills and/or participate in different rescue scenarios. • Limited knowledge or ability to follow the first responder steps of the First Aid procedure in any scenario. Or, • Did not attend Survival Swim & Rescue Practical Assessment at the Lismore Memorial Baths. 	E 0-5 N Award